

Opening Question

When was a time someone's words made you feel truly heard and understood?

Watch Lesson

Play video lesson for the group.

Scripture Reading

Read Matthew 6:9–13 aloud together.

Observation Questions

1. What are the first words of the Lord's Prayer, and why might they be significant?
2. What petitions are included in the prayer?
3. How does Jesus describe God in this passage?
4. What daily needs are mentioned in the prayer?
5. How does forgiveness appear in this prayer?

Interpretation Questions

1. How does the prayer teach us about God's priorities versus ours?
2. What does it mean to pray "Your kingdom come, your will be done"?
3. Why might daily dependence ("give us today our daily bread") be central to prayer?
4. How does the prayer teach us about the importance of forgiving others?

Application Questions

1. How can you make your prayer more God-centered and less self-focused?
 2. When is it hardest for you to pray, and how might this prayer help?
 3. What would it look like to pray “Your will be done” in a current situation?
 4. How could committing to 5 minutes of uninterrupted prayer daily change your relationship with God?
 5. Who is someone you can begin praying for regularly this week?
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Further Study Passages:

- Psalm 141:2 – Prayer as an offering
 - Mark 6:45–46 – Jesus withdrawing to pray
 - Jeremiah 29:12 – God listens to prayer
 - Acts 9:11 – Saul’s transformation confirmed through prayer
 - Matthew 21:12–13 – The temple as a house of prayer
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Challenge of the Week:

Commit to 5 minutes of uninterrupted, fully focused prayer daily. Journal what you notice God doing in your heart.

Prayer Guide:

- Ask God to deepen your desire for focused prayer.
- Pray for trust in His will and for awareness of His presence throughout the day.
- Invite group members to pray for each other, sharing prayer needs openly.