

Home Group Discussion Questions

The Lord is our Stronghold

Philippians 4:1-7

1. Think of the verse mentioned in Ephesians 4 where Paul says to endeavour to maintain the unity of the Spirit. What does that do on your thoughts on how a group of believers has unity? What is the difference between unity and uniformity?

2. Discuss ways in which Christians are to settle disputes (see Matthew 18; 1 Corinthians 6:1-8; James 4:7-10). According to Matthew 18, what are four major steps a Christian should follow to settle conflict?

3. Why should Christians exude joy? What characteristics exemplify a joyful life? How should the joy we find in Christ be reflected in our relationships with others?

4. How can anxiety and worry strain a relationship with God and other people? What does an anxious mind communicate about your life? How would you differentiate a worried mind from a caring heart?
