Hope GROUPS
GROWING IN FAITH TOGETHER

"Seeking God in Your Sorrows"
HOPE GROUP STUDY - Week of November 15, 2026

1 Let's Recap from last week!

Did anyone memorize this week's memory verse? Say the verse if you know it!
ICEBREAKER: What's something God has done in your life that still makes you smile when you think about it? After everyone shares, pray for your group time.

2 Let's Review the Message

Naomi allowed her painful experiences to begin defining her identity. She no longer saw herself through the hope of who God was, but through the pain of what she had lost.
But the story doesn't end in Naomi's bitterness!

While Naomi was grieving, Ruth made a decision to take action. She asked permission to go into the fields and glean whatever grain was left behind by the harvesters.

Ruth didn't sit in her sorrow. She went looking for provision. She ended up in a field belonging to Boaz, where she experienced unexpected kindness and favor.

What looked like an ordinary day of gleaning became a divine appointment. Ruth was looking for barley, but God had something greater waiting for her. She found favor, provision, and eventually a future she could never have imagined.

3 Let's Read the Word

Ruth 1:1-6; 16-22; Ruth 2:1-8; Exodus 15:23
Matthew 7:7-8

4 Let's Think

- What losses had Naomi experienced before returning to Bethlehem?
- Why do you think Naomi wanted people to call her Mara instead of Naomi?
- What does Naomi's response reveal about how grief can affect the way we see ourselves and God?
- What did Ruth decide to do when she arrived in Bethlehem?

5 Let's Share

- Have you ever experienced a season when you felt more like Naomi than Ruth?
- Have past disappointments caused you to expect rejection, failure, or hurt in my present relationships?
- When life gets difficult, is your natural response to seek God, withdraw, worry, complain, or try to fix everything yourself?

6 Let's Do the Word

- What might God be asking you to notice or glean in your current season?
- When something difficult happens, how will you look for God's goodness instead of immediately focusing on what's wrong?
- What conversations, social media habits, and daily thoughts can help me grow in faith rather than feed negativity?

7 Let's Grow

- If Ruth could encourage you today, what do you think she would tell you about continuing to move forward when life doesn't turn out the way you expected?
- Complete this statement: "Instead of focusing on _____, I am going to start seeking _____."
- Each day this week, write down 3 ways you have seen God's goodness. Be ready to share with your group the next time you meet.
- Memorize Matthew 7:7-8

8 Let's Pray

- Pray together - "Give us the faith of Ruth, who continued to seek even when life was difficult. Help us to glean in our grief, remain grateful in our struggles, and trust Your perfect timing." Pray together over any requests.

Coming Up at Hope
Nov 17 - Hope Sisterhood / Hands of Hope/6:30pm
Nov 21 - Giving Thanksgiving/12pm-2pm
Nov 23 - Christmas Decorating/6pm
Nov 24 - Thanksgiving Service & Pie Social/7pm
Check the Church of Hope app for more events!