



## “Time to Go”

### HOPE GROUP STUDY - Week of February 22, 2026

Let's review this week's message!

#### 1 Let's Talk & Pray

*If you were about to leave for a big trip tomorrow morning, what would you lay out the night before?* Open with prayer after everyone shares.

#### 2 Let's Review the Main Idea

In Exodus 12:9–11, God instructed Israel to eat the Passover meal dressed and ready — belt on, sandals on, staff in hand. After 400 years of slavery, this wasn't just a meal; it was a transition moment. The bitter herbs symbolized the end of a bitter season. God was signaling: Change is here. Get ready to move. The message is clear - Don't stay stuck in old seasons - Don't get comfortable in grief or bitterness.

God orders the steps, performs the miracles, and cancels the curse — but we must put our shoes on. This week's points were:

- It's time to GET READY
- It's time to GET FREE
- It's time to GET GOING

#### 3 Let's Read the Word

Exodus 12:1-12; Acts 12:6-11; 1 Peter 1:13

#### 4 Let's Think

- God instructed Israel to eat the Passover meal dressed and ready to move — Why do you think God told them to eat in a posture of readiness?
- What do the bitter herbs represent in their story?

#### 5 Let's Share

- After 400 years, a suddenly happened for God's people, but they had to be ready. What thoughts, fears, anxieties, or doubts could keep us from being ready?
- What are some ways you have been too comfortable in your spiritual life? Why?
- What are you done with? (Bitterness, Offense, Addictions, Complaining, Fear)?
- 1 Peter 1:13 says to “Gird up the loins of your mind”, readiness is physical and mental. What does it mean for you to “gird up your mind”?

#### 6 Let's Grow

- Looking at Acts 12, what prison has God opened for you that you haven't stepped out of?
- What safeguards can you put in place to protect your freedom? What conversation, decision, or obedience step have you been delaying?
- Which preparation step can you take this week: Daily prayer time, worship intentionally, repair a relationship, join a team, give toward the vision, start serving?

#### 7 Let's Pray

- Pray together over requests and for obedient steps to be taken in our lives.

[Upcoming Events at Hope!](#)  
[March 9 to 11 - Amplify Youth Conference - sign up in app](#)  
[April 4<sup>th</sup> - Helicopter Egg Drop - Volunteer Sign Up with QR](#) =====>

