



“The Proof Is In Your Trusting” HOPE GROUP STUDY - Week of September 6, 2026

1 Let's Talk & Pray

Welcome to our first Hope Group this session! Let's get to know one another: *What is one thing you love and one fun or random fact about yourself?* After everyone shares, pray for your group time.

2 Let's Review the Message

Trust is easy to talk about when everything is going well. It is much harder to demonstrate when we cannot see what God is doing.

The Israelites had witnessed incredible miracles. They saw God bring Egypt to its knees, watched the Red Sea part, walked across on dry ground, and experienced God's protection. Yet just a short time later, they were complaining because they were hungry.

God had not changed—but their trust had. Sometimes God's provision doesn't look like what we expected. The wilderness becomes a place where our trust is tested. This week's points were:

1. Trust God in your TESTING
2. Trust God for TODAY
3. Trust God for your TOMORROW

3 Let's Read the Word

Exodus 16:1-5; 13-21 ; Hebrews 10:35-36

4 Let's Think

- Why do you think trust is easier when we can see the outcome?
- The Israelites had seen miracle after miracle, yet they quickly became afraid and complained. Why do you think that happened?

5 Let's Share

- When is it hardest for you to trust God?
- Have you ever experienced a season where God provided, but His provision didn't look like what you expected?
- What tends to compete with your trust in God—fear, anxiety, control, money, circumstances, disappointment, or something else?
- When you're under pressure, are you more likely to pray your way through it or complain your way through it?

6 Let's Do the Word

- What is one area of your life where God is asking you to trust Him more?
- What is one step of obedience you can take this week that would demonstrate trust?

7 Let's Grow

- This week, memorize Hebrews 10:35–36. Be ready to speak your memory verse with the group next week!
- Choose one thing you've been saying - “God, I need You to fix this.” For the entire week, replace it with - “God, I trust You with this.”

8 Let's Pray

- Ask God to help you turn your worries, frustrations, and fears into conversations with Him. Pray together over any requests.

Coming Up at Hope
Sept 12 - Men's Impact
Sept 23 - See You at the Pole
Oct 4 - Hope Family Fall Fest
Sign up for events in the Hope App

Fall Fest
Team
Sign Up
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