



## “The Blessing of the Bruising”

### HOPE GROUP STUDY - Week of November 16, 2025

#### Let's Talk & Pray

- What's a small 'battle scar' from childhood - like a scraped knee or funny accident - and what's the story behind it? After everyone has shared, pray for your time together.

#### Let's Read the Word

- 1 Kings 20: 35-38; 1 Chronicles 2:16; 2 Corinthians 12:9; Hebrews 11:21

#### Let's Think

- The prophet used his wound as a platform to speak to King Ahab. Why would a wound make his message more believable or impactful? Do you think the king would have stopped to talk to the prophet had he not been wounded?
- Why do you think the prophet was willing to endure the pain of this wound? Why do we tend to avoid pain, trouble or discomfort?
- What motivates someone to continue to serve God while wounded? Why do wounds cause many to pull away from God instead of leaning in?

#### Let's Share

- It is our hurts that qualify us... What wounds from your past have you believed prevented you and not qualified you from serving God? How have you seen God use those wounds for His glory? How has this given you a platform to speak into someone's life?
- In 1 Chronicles 2:16, we read about Zeruah and her sons. Her name means “my wounds”, yet she raised mighty warriors! What does this teach us about refusing to pass down generational pain? What are practical ways to stop transferring hurt to the next generation? What wounds have you seen God break or beginning to break?
- Paul gloried in his weaknesses and wounds. Why is weakness often a doorway to experiencing the power of Christ? How have you experienced God's grace in the middle of a wound? What motivates you to continue serving God when wounded?
- God allowed Jacob to be wounded by an angel, leaving him with a limp for life. What does it mean to lean on God because of a wound? How have your wounds made you more dependent on God?

#### Let's Grow

- What would it look like to respond to wounds by faith rather than fear, shame, or avoidance?
- What wound in your life could become a testimony of God faithfulness if you surrendered it fully to Him?

#### Let's Pray

As a group pray for each other and take some time to pray together over requests.

#### Upcoming Events at Hope

Nov 20 - Hope Sisterhood - Gather 6:30pm

(putting groceries together for Nov 22)

Nov 22 - Giving Thanksgiving (sign up to volunteer)

Nov 25 - Thanksgiving Service & Social - 7:00pm