

# AQ: THE AQ ADVANTAGE

## “Turn Pressure into Power”

November 23, 2025

*“Resistance doesn’t indicate weakness – it increases your capacity.”*

### **1. Turn RESISTANCE into power.**

*2 Corinthians 1:8 – “We do not want you to be uninformed, brothers and sisters, about the troubles we experienced in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired of life itself.”*

### **2. Turn RECOVERY into power.**

*2 Corinthians 1:9– “Indeed, we felt we had received the sentence of death, but this happened that we might not rely on ourselves but on God, who raises the dead.”*

### **3. Turn RESILIENCE into power.**

*2 Corinthians 1:10 – “He has delivered us from such deadly peril, and He will deliver us again. On Him we have set our hope that He will continue to deliver us.”*  
*Luke 22:42,43 – “‘Father, if You are willing, take this cup from Me; Yet not My will, but Yours be done.’ An angel from heaven appeared to Him and strengthened Him.”*

*“Recovery doesn’t remove your cross,  
but it gives you the resilience to carry your cross.”*