



# "Dodging Distractions"

## HOPE GROUP STUDY - Week of March 10, 2024

Let's review this week's message, "How to Deal with Distractions"

### 1 Let's Talk & Pray

Ask everyone to share the following:

What is one goal you have that you always seem to always get distracted from achieving? Why? After everyone has shared, pray your time together.

### 2 Let's Read the Word

Nehemiah 6:1-16

Galatians 6:9

### 3 Let's Review the Main Idea

We may have a problem: what we consider as opportunities, God considers them as distractions! To do more... is a distraction. It takes us off our purpose and away from our goals. There has never been an easier time to get distracted. Many times we just need to learn a how to say a little word, "no."

Nehemiah teaches some great ways to deal with distractions with this week's points:

- Don't WASTE YOUR TIME
- Don't let RUMORS DISTRACT YOU
- Don't GIVE UP ON YOUR CALLING

### 4 Let's Think

- When we start moving forward with the things of God, our enemy will try to distract us. What are some current situations or circumstances that have tried to distract you from seeking God?
- How do you handle those distractions?
- Why do you need to be careful with these distractions?

### 5 Let's Share

- How did Nehemiah respond to the rumors about him? What can you learn from his response?
- How does it feel when you are attacked? How are we distracted when we are feeling this way?
- Nehemiah prayed, "Now strengthen my hands." What can you pray?

### 6 Let's Grow

- What would have happened if Nehemiah had given up on his calling to rebuild the wall? Who was depending on him?
- Why do you need to stand strong and not give up? Who is depending on you?
- Nehemiah discovered some incredible gifts inside of himself by building the wall. How does discovering your gifts strengthen you?
- Where do you feel God calling you to "work" and build?

### 7 Let's Pray

Take a few moments to share prayer requests and pray for them and each other.

TAKE THE NEXT STEP!!

Let's take a huge step and find a place to serve at Hope! If you are not currently serving, attend Next Steps - it is happening every first Sunday of every month - 9:30am in the Life Center. You'll find a place to serve and discover your calling! Sign up in the app for the next session!