

IT'S TIME TO GET UP

April 26, 2026

John 5:1-9

1. Jesus is here to give you the power to STAND up and STAY up

*John 5:6 - "Do you want to get **well**?"*

**2. The breakthrough you are wanting is waiting on the obedience
you've been avoiding.**

*John 5:8-9 - "Stand up, pick up your mat, and walk!" **Instantly**, the man was healed! He rolled up his sleeping mat and began walking!*

**3. Your standing isn't based on your performance, but Christ's
perfection**

John 5:8 - Jesus told him, "Stand up, pick up your mat, and walk!"

A word from God is all you need to take your first step.