

I've Surrendered... Why Do I Still Struggle

July 26, 2026

***“Will power can change your appearance,
but grace changes your appetite.”***

1. RESPOND in the Spirit.

Romans 7:15 - *“I don’t really understand my own actions. For I want to do what is right, but I don’t do it. Instead, I do what I hate.”*

Galatians 5:16 - *“So I say, walk by the Spirit, and you will not gratify the desires of the flesh.”*

2. RELY on God’s grace.

Titus 2:11,12 - *“For the grace of God has appeared that offers salvation to all the people, (12) It touches us to say no to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age.”*

2 Corinthians 12:9 - *“But He said to me, ‘My grace is sufficient for you, for My power is made perfect in weakness.’ Therefore I will boast all the more gladly about my weaknesses so that the power of Christ may rest on me.”*

3. RENEW from the inside out.

Matthew 23:25 - *“Woe to you, teachers of the law and Pharisees, you hypocrites! You clean the outside of the cup and dish but inside they are full of greed and self-indulgence.”*

Romans 12:2 - *“Do not conform to the pattern of this world, but be transformed by the renewing of your mind.”*

“The same grace that saves you is the grace that sustains you.”