

## SERMON NOTES

### SUMMER IN THE PSALMS

#### PSALMS 3

#### ROY STROCK

Lament: A crying out in grief: wailing

Salah means to \_\_\_\_\_ and \_\_\_\_\_.

1. When life is closing in, pause or rest to allow God to calm our \_\_\_\_\_.  
James 1:2-4
2. We need to show our faith by praising God, pausing or resting, and \_\_\_\_\_ God to work in our lives.  
Ephesians 6:11-12  
Philippians 4:6-7
3. The faith that we saw in verses 3 and 4 is now played out by the peace that comes from the faith that God can handle all our \_\_\_\_\_ and \_\_\_\_\_.
4. Deliverance comes from the LORD. God's people should \_\_\_\_\_ to Him under similar circumstances, so that they may share this blessing. As the psalm instructs those who are in the midst of danger to trust in the Lord for \_\_\_\_\_ while they sleep.  
Proverbs 3:5-6  
Romans 8:18

How are you dealing with difficult times in your life?



*First Baptist Church*  
Douglas, Wyoming