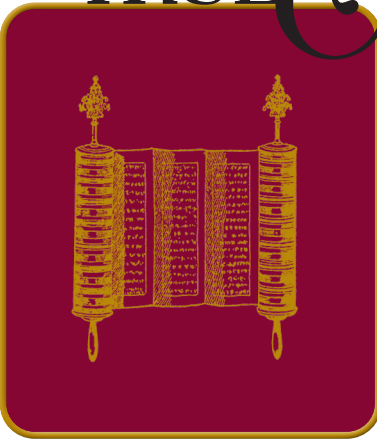


TRUE & BETTER



NOVEMBER 30, 2025

READ

- Read Romans 5:12-21 and 1 Corinthians 15:21-22, considering what lessons the Holy Spirit intends us to learn.

EXAMINE

- In Romans 5:14, Adam is referred to as a “type,” or shadow, of Christ. In what ways does Adam foreshadow Christ?
- List as many ways as you can that Adam and Jesus are similar. How are they different?
- Paul puts all people into two categories: we are either united in Adam, or united in Christ. Explain what this means.
- How does Jesus accomplish “justification” and “life” for humans (v.18)? Explain what these terms mean in context.

APPLY

- Explain the gospel in light of these passages. How might you share these truths with people who don’t follow Jesus?
- How does the reality of union with Christ affect everyday life as a Christian?
- What does it look like for a person to live having received “the abundance of grace and the free gift of righteousness” (v.17)? What kind of habits might we see in these peoples’ lives?
- If Jesus is first of a new humanity, how does this shape a Christian’s understanding of his place in the present world? How should he relate to non-Christians? How does this influence evangelism and discipleship?
- What are some examples of how Jesus typifies true humanity? How does this contrast from human nature that is damaged by sin?

PRAY

- Take time to praise God for who He is, confess sins, and/or make requests based on this passage.

NOTES

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