



A JOURNEY *through* PSALM 23

SEPTEMBER 14, 2025

READ

Read Psalm 23, specifically focusing on verses 5-6, and consider what lessons the Holy Spirit intends us to learn.

EXAMINE

- What does it mean for God to prepare a table for David? How does Psalm 78:18-19 provide insight here? Why is it significant that this table is prepared in the presence of his enemies?
- Why does God anoint David's head with oil? How does this relate to his cup overflowing?
- What is the relationship between verse 4 and verses 5-6? How does verse 4 fit with the declaration, "Surely goodness and mercy shall follow me all the days of my life"?
- What does David mean when he says, "I shall dwell in the house of the Lord forever"? Why is this a fitting conclusion to this Psalm?

APPLY

- Why is it sometimes hard to believe that goodness and mercy always follow God's people? How can we work to believe this when it is hard?
- Reflecting on your time following Jesus, what are some examples of seeing in hindsight how his goodness and mercy pursue us?
- How might seeing God's lavish generosity in these verses inspire us to be generous?
- How does the gospel assure us that we will be at home with the Lord forever? Why is this such a great hope?
- How is God calling you to trust him through this Psalm?

PRAY

- Take time to praise God for who He is, confess sins, and/or make requests based on this passage.

NOTES

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