



**LOSING MY  
MIND**

# Part 4: "Age of Rage...How America Is Losing It's Mind"

AS FAR AS I CAN TELL, ALMOST EVERYONE IN AMERICA IS ANGRY. NOT WHAT MAKES ME ANGRY? NO, YOU ASK YOURSELF, WHY AM I ANGRY?

ANGER VERSE RAGE

WORDS HAVE POWER!

"MY THOUGHTS ARE FILLED WITH BEAUTIFUL WORDS...AND I WILL USE MY VOICE AS A WRITER WOULD USE PEN AND INK."

PSALMS 45:1

1. MY TONGUE DIRECTS WHERE I GO

2. MY TONGUE CAN DESTROY WHAT I HAVE

"YOU HAVE TO LIVE WITH THE CONSEQUENCES OF EVERYTHING YOU SAY." ...IT SET THE WHOLE COURSE OF HIS LIFE ON FIRE, AND IS ITSELF SET ON FIRE BY HELL."

PROVERBS 18

"IF YOU WANT TO STAY OUT OF TROUBLE BE CAREFUL WHAT YOU SAY!" PROVERBS 21:23

"ALL KINDS OF ANIMALS...HAVE BEEN TAMED BY MAN, BUT NO MAN CAN TAME THE TONGUE. IT'S HUMANLY IMPOSSIBLE. ONLY GOD CAN DO IT. IT IS A RESTLESS EVIL, FULL OF DEADLY POISON."

### 3. MY TONGUE DISPLAYS WHO I AM

"FOR OUT OF THE OVERFLOW OF THE HEART THE MOUTH SPEAKS." MATTHEW 12:34

## II. WHAT IS THE SOLUTION

### 1. GET A NEW HEART

"RID YOURSELF OF ALL THE OFFENSES YOU HAVE COMMITTED AND GET A NEW HEART AND A NEW SPIRIT"  
EZEKIEL 18:31

"THEREFORE IF ANY MAN BE IN CHRIST, HE IS A NEW PERSON. THE OLD HAS PASSED AWAY. BEHOLD ALL THINGS HAVE BECOME NEW." 2 CORINTHIANS 5:17

### 2. ASK GOD FOR HELP EVERY DAY

"SET A GUARD OVER MY MOUTH, O LORD; KEEP WATCH OVER THE DOOR OF MY LIPS." PSALM 141:3

### 3. THINK BEFORE YOU SPEAK

"EVERYONE SHOULD BE QUICK TO LISTEN, SLOW TO SPEAK AND SLOW TO BECOME ANGRY." JAMES 1:19

"GET RID OF ALL YOUR OFFENSES YOU'VE COMMITTED AND GET A NEW HEART AND A NEW SPIRIT." EZEKIEL