



**LOSING MY
MIND**

Part 1: "BOUNDARIES"

I LOSE MY MIND OVER WHAT?

I LOSE MY MIND OVER WHO?

"ABOVE ALL ELSE, GUARD YOUR HEART, FOR EVERYTHING YOU DO FLOWS FROM IT." PROVERBS 4:23

-YOU ARE NOT GOD

-YOU CANNOT CONTROL OTHER PEOPLE

-LOVE WITHOUT RESCUING

-LEARN TO CONFRONT IN LOVE

THE SKILLS TO LEARN

START FROM A POSITION OF LOVE

"A NEW COMMAND I GIVE TO YOU; LOVE ONE ANOTHER. AS I HAVE LOVED YOU, SO YOU MUST LOVE ONE ANOTHER." JOHN 13:34

SAY NO WHEN IT'S BEST TO SAY NO

"ALL YOU NEED TO SAY IS SIMPLY 'YES' OR 'NO'; ANYTHING BEYOND THIS COMES FROM THE EVIL ONE." MATTHEW 5:37

GIVE CONSEQUENCES WHEN NECESSARY

"A HOT-TEMPERED PERSON MUST PAY THE PENALTY; RESCUE THEM, AND YOU WILL HAVE TO DO IT AGAIN." PROVERBS 19:19

Part 2: "ENEMIES"

TYPES OF ENEMIES...

1. DEMANDING
2. DISAPPROVING
3. DEAFENING
4. DESTRUCTIVE
5. DISCONNECTED
6. DEMEANING



1. REFUSE TO PLAY THEIR GAME

"JUST AS CHARCOAL AND WOOD KEEP A FIRE GOING, A QUARRELSOME PERSON KEEPS AN ARGUMENT GOING."

PROVERBS 26:21

2. REFUSE TO BE OFFENDED

"WHEN A FOOL IS ANNOYED, HE QUICKLY LETS IT BE KNOWN. WISE PEOPLE WILL IGNORE AN INSULT." PROVERBS 12:16

"A MAN'S WISDOM GIVES HIM PATIENCE; IT IS TO HIS GLORY TO OVERLOOK OFFENSE." PROVERBS 19:11

"LOVE OVERLOOKS THE WRONGS THAT OTHERS DO."

PROVERBS 10:12

Part 2: "ENEMIES"

3. REFUSE TO CAVE IN

"DO NOT ALLOW WHAT YOU CONSIDER GOOD TO BE SPOKEN OF AS EVIL." ROMANS 14:16

"THE DISCIPLES CAME TO JESUS AND ASKED, 'DO YOU REALIZE YOU OFFENDED THE PHARISEES BY WHAT YOU JUST SAID?' JESUS REPLIED, 'EVERY PLANT NOT PLANTED BY MY FATHER WILL BE ROOTED UP, SO IGNORE THEM!'"

MATTHEW 15:12-14

4. ALWAYS TAKE THE HIGH GROUND

"ASK GOD TO BLESS THOSE WHO PERSECUTE YOU-YES, ASK HIM TO BLESS, NOT TO CURSE." ROMANS 12:14

"IF SOMEONE HAS DONE YOU WRONG, DO NOT REPAY HIM WITH A WRONG. TRY TO DO WHAT EVERYONE CONSIDERS TO BE GOOD. DO EVERYTHING ON YOUR PART TO LIVE IN PEACE WITH EVERYBODY." ROMANS 12:17-18

"DO NOT BE OVERCOME BY EVIL, BUT OVERCOME EVIL WITH GOOD." ROMANS 12:21