

# BAGGAGE CLAIM



# Week 3: FEAR

## 5 FACTORS THAT INFLUENCE MY IDENTITY

### 1. THE DAMAGE FEAR DOES

#### A. IT PARALYZES POTENTIAL

(The disciples)"...were together with the doors locked for fear of Jewish authorities." John 20:19

#### B. IT RUINS RELATIONSHIPS

(Adam) "...I was afraid and hid from you..."  
Genesis 3:10

#### C. IT HINDERS HAPPINESS

"Worry can rob you of happiness." Proverbs 12:25

(David) "Everything I fear and dread comes true."  
Job 3:25

### 2. THE 3 ANTIDOTES TO FEAR

#### 1. TRUTH

"You will know the truth and the truth will set you free." John 8:32

**F** ALSE

**E** VIDENCE

**A** PPEARING

**R** EAL

"In the full light of God's truth we live..."  
2 Corinthians 4:2



# BAGGAGE CLAIM

## 2. LOVE

*"Love contains no fear--indeed fully developed love expels every particle of fear, for fear always contains some of the torture of feeling guilty."*

*1 John 4:18*

**RECEIVE GOD'S LOVE FOR ME.**

**OFFER LOVE TO OTHERS**

## 3. FAITH

*"Above all be sure to take faith as your shield, for it can quench every burning missile the enemy hurls at you." Ephesians 6:16*

**"WHEN I AM AFRAID, I WILL PUT MY CONFIDENCE IN GOD. YES, I WILL TRUST THE PROMISES OF GOD."**

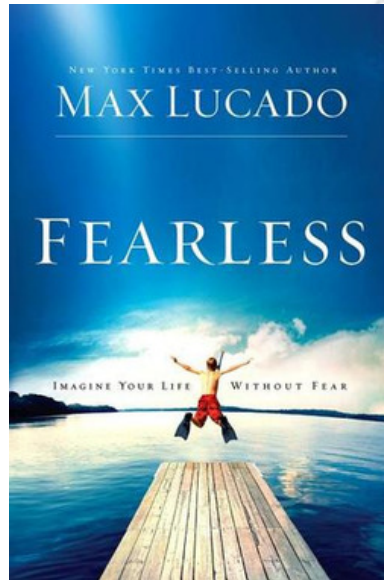
# BAGGAGE CLAIM

Week 3: FEAR

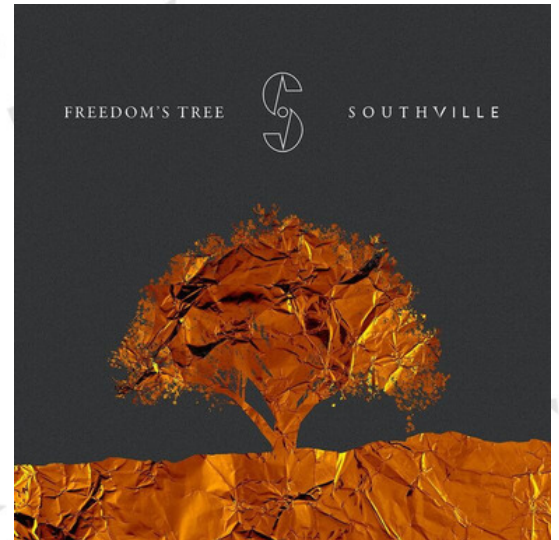
## ADDITIONAL RESOURCES

Book Recommendation

Music Recommendation



***FEARLESS***  
by Max Lucado



**FREEDOM'S TREE**  
by Southville

Film Recommendation



**INSIDE OUT**