



LOSING MY  
MIND

# Part 5: "Island Time"

## LEARNING TO BE BOTH FAST AND SLOW

"THERE IS A RIGHT TIME AND A RIGHT WAY TO DO EVERYTHING,  
BUT WE KNOW SO LITTLE!" ECCLESIASTES 8:6

## WHEN TO MOVE TO FAST

### 1. WHEN GOD TELLS ME TO DO SOMETHING

"JESUS SAID TO THEM, 'COME FOLLOW ME...' SO SIMON AND ANDREW  
IMMEDIATELY LEFT THEIR NETS AND FOLLOWED HIM. "MARK 1:17-18

"WITHOUT DELAY I HURRY TO OBEY YOUR COMMAND." PSALM 119:60

### 2. WHEN I NEED TO ASK OR OFFER FORGIVENESS

"IF YOU ARE GIVING AN OFFERING AT WORSHIP AND YOU SUDDENLY  
REMEMBER THAT SOMEONE HAS SOMETHING AGAINST YOU, LEAVE YOUR  
OFFERING AND GO IMMEDIATELY TO THAT PERSON AND BE RECONCILED.  
THEN YOU CAN COME BACK TO WORSHIP AND OFFER YOUR GIFT."

MATTHEW 5:23-24

### 3. WHEN I HAVE THE OPPORTUNITY TO DO GOOD

"DO NOT WITHHOLD GOOD FROM THOSE WHO DESERVE IT, WHILE IT IS IN  
YOUR POWER TO ACT!" PROVERBS 3:27

IF YOU WAIT FOR PERFECT CONDITIONS, YOU WILL NEVER GET ANYTHING  
DONE. ECCLESIASTES 11:4

# WHEN TO MOVE SLOW

"IT'S SMART TO BE PATIENT." PROVERBS 14:29A

## 1. WHEN YOU DON'T HAVE THE FACTS

"ZEAL WITHOUT KNOWLEDGE IS NOT GOOD; A PERSON WHO MOVES TOO QUICKLY MAY GO THE WRONG WAY." PROVERBS 19:2

"TO DECIDE BEFORE KNOWING THE FACTS IS SHAMEFUL AND STUPID. PROVERBS 18:13

## 2. WHEN I AM HURT OR ANGRY

"WHOEVER IS SLOW TO ANGER HAS GREAT UNDERSTANDING, BUT HE WHO IS QUICK-TEMPERED MAKES FOOLISH MISTAKES." PROVERBS 14:29

## 3. WHEN MAKING MAJOR DECISIONS

"PONDER THE PATH OF YOUR FEET; THEN ALL YOUR WAYS WILL BE SURE." PROVERBS 4:26

"SENSIBLE PEOPLE WILL SEE TROUBLE COMING AND AVOID IT, BUT AN UNTHINKING PERSON WILL WALK RIGHT INTO IT AND REGRET IT LATER." PROVERBS 22:3

## 4. WHEN WAITING FOR A SEED I'VE PLANTED TO GROW

"THERE IS A TIME FOR EVERYTHING, AND A SEASON FOR EVERY ACTIVITY UNDER HEAVEN...A TIME TO PLANT AND A TIME TO HARVEST...A TIME TO SCATTER AND A TIME TO GATHER...ECCLESIASTES 3:1-5

"GOD SAYS "AT THE TIME I HAVE DECIDED, MY WORDS WILL COME TRUE. YOU CAN TRUST WHAT I SAY ABOUT THE FUTURE. IT MAY TAKE A LONG TIME, BUT KEEP ON WAITING~ IT WILL HAPPEN."

HABAKKUK 2:3