

HOW LONG DO YOU WANT TO LIVE?

Part Two: Being In The Right Tribe

"This is the day the Lord has made; We will rejoice and be glad in it."
Psalm 118:24

"The Sabbath was made for man, not man for the Sabbath" Mark 2:27

"I rejoiced with those who said to me, "Let us go to the house of the Lord." Psalm 122:1

THE IMPORTANCE OF THE SABBATH

"By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work; so on the seventh day he rested from all his work. Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done" Genesis 2:2-3

**My Mondays Go Better When I Worship On Sunday.
My Family Does Better When We Do Sundays.**

"Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name" Psalm 100:4

HOW TO MAKE SUNDAY THE BEST DAY OF YOUR WEEK

1. DECIDE to let Sunday be the best day of your week.

THE
**BLUE
ZONES**

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"Living and Waiting to Live"

WHY DO WE NEED TO CELEBRATE SUNDAY'S?

A. Because it is good for your health and attitude!

"The discipline of celebration"

"Every good and perfect gift is from above, coming down from the Father of the heavenly lights, who does not change like shifting shadows." James 1:17

Nehemiah told the people, "Enjoy your good food and wine and share some with those who didn't have anything to bring. Don't be sad! This is a special day for the Lord, and he will make you happy and strong." Nehemiah 8:10

B. Because it is good for your relationships with God and with people!

"How can we thank God enough for you in return for all the joy we have in the presence of our God because of you?"

1 Thessalonians 3:9

C. Because it is good for your success and significance!

Celebration is the key to a good life!

Celebration gets us in touch with appreciation.

Living in appreciation and celebration will reorganize your:
Energy Levels, Sleep Patterns.
Conversational Topics, Objects of Your Love, Focus of Your Attention
Every Perception Will Change

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