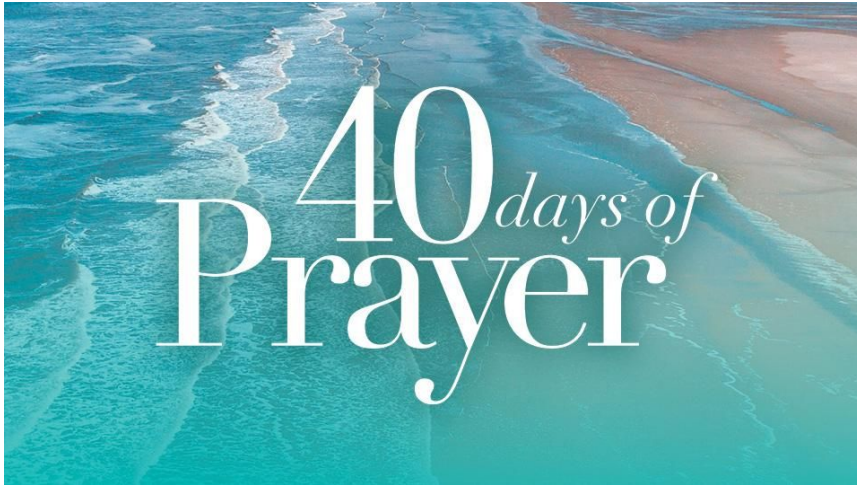


## CELEBRATION BIBLE STUDY



**This Weeks Study**

**WHEN GOD SAYS NO**

**TUESDAY MORNING 10:30 AM**

*Goodlette-Arms Apartments Community Center*

*950 Goodlette-Frank Rd.*

**WEDNESDAY EVENING 7:00 PM**

GIRL SCOUT BUILDING (New Location)

CAMBIER PARK

**CELEBRATION MESSAGE SERIES**



## **CELEBRATION NOTES:**

### **How To Get Through What You Go Through**

SHOCK: When your world falls apart

SORROW: When your heart is breaking

STRUGGLE: When you don't understand

SURRENDER: How to experience peace

SANCTIFICATION: How God turns bad to good

SERVICE: How to use your pain for good

### **WHAT WE CAN LEARN ABOUT GRIEF:**

#### **1. LOSS IS UNAVOIDABLE BUT GRIEF IS A CHOICE**

- There is no LIFE without change
- There is no CHANGE without loss
- There is no LOSS without pain, but grief is a CHOICE

*“When Jesus saw Lazarus’ sister sobbing, and saw how all those with her were crying also, his heart was touched, and he was deeply moved... Then Jesus started crying. ‘See how much he loved Lazarus!’ they said.”*

—John 11:33-36

#### **3. GOD GRIEVES WITH ME!**

#### **UNHEALTHY REACTIONS:**

REPRESSION: Unconsciously trying to block out painful thoughts  
SUPPRESSION: Consciously trying to block painful thoughts

*“The Lord is close to the brokenhearted and saves those who are crushed in spirit.” —Psalm 34:18*

#### 4. GRIEF IS HEALED IN COMMUNITY

“Carry each other's burdens, and in this way you will fulfill the law of Christ.” —Galatians 6:2