

WHEN I'M EMPTY

1. I'm Selfish With My Time
2. I'm Impatient (with people and circumstances)
3. My judgement Is Distorted.
(I Don't Make Good Decisions)
4. I Lack Compassion.
5. I'm Quickly Enticed By Temptations.
(I'm More Vulnerable)
6. I Begin To Think I Deserve Certain Things.
7. I'm More Cynical & Critical.
8. I'm More Insecure & Look For Other Things To Fill Up What Only God Can Fill Up.



WHEN YOU'RE RUNNING ON EMPTY

"Stopping To Refuel"

... you will be filled with the fullness of life and power that comes from God (Ephesians 3:19b NLT).

I NEED TO REFUEL BECAUSE...

1. Something Must Change ***EMPTINESS***, Isn't Working For Me

This is what the Lord says: "Stand at the crossroads and look; ask for the ancient paths, ask where the good way is, and walk in it, and you will find rest for your souls" (Jeremiah 6:16 NIV).

2. I Have A Soul That Wants To Be ***FILLED***.

"And how do you benefit if you gain the whole world but lose your own soul in the process? Is anything worth more than your soul?"

(Matthew 16:26 NLT)



I NEED TO REFUEL BECAUSE...

3. My soul-filling is an investment in *ETERNITY*

Therefore we are always confident and know that as long as we are at home in the body we are away from the Lord. We live by faith, not by sight
(2 Corinthians 5:6-7 NIV)

EVERYDAY I NEED TO...

1. STOP

2. BE QUIET

3. MAKE A CONNECTION WITH GOD

*“Come to Me, all you who are weary and burdened, and I will give you rest . . . and you will find rest for your souls”
(Matthew 11:28, 29b NIV).*

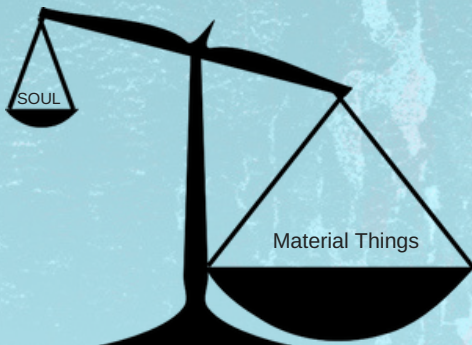


To Connect I Need To Think About...

1. **WHEN:** When am I going to Stop, When am I going to be quiet, When am I going to make a connection? There are no rules to when so **YOU DETERMINE WHEN.**

2. **WHERE:** Find a place that you can be free from distraction. **YOU DECIDE WHERE**

3. **CONNECT:** Pray, Study, Listen, Read. **YOU CONNECT THE BEST WAY FOR YOU.**



Re:Balance & Re:Fuel

Additional Resources...

Pastor Tim's Book Recommendations

"Refuel: An Uncomplicated Guide To Connecting
With God" by Doug Fields

Pastor Tim's Movie Recommendation To Reflect On Priorities:



LA LA LAND!

Pastor Tim's Music To Refuel



"Revival "
by Petra

Let It Roll
The Songs of
George Harrison

