

CELEBRATION NOTES

MIDLIFE CRISIS

March 11, 2018

MIDLIFE

“I will be your God throughout your lifetime— until your hair is white with age. I made you, and I will care for you. I will carry you along and save you.” Isa. 46:4 (NLT)

How, can we ward off those feelings that lead to us asking: “Is that all there is?”

1) Realize that everything is temporary—hang on to hope!

“For those who hope in the Lord will renew their strength.They will soar on wings like eagles; they will run and not grow weary; they will walk and not be faint.” Isa. 40:31 (NIV):

“For I know the plans I have for you,’ declares the Lord, ‘plans to prosper you and not to harm you, plans to give you hope and a future.’” Jer. 29:11 (NIV)

2) Realize things change— hang on to joy!

“Hope deferred makes the heart sick, but when dreams come true, there is life and joy.” Prov. 13:12 (NLT)

“I have told you this so that you will be filled with my joy. Yes, your joy will overflow!” John 15:11 (NLT):

3) Realize that life is unpredictable—hang on to your faith!

“The good news tells how God accepts everyone who has faith, but only those who have faith. It is just as the Scriptures say, The people God accepts because of their faith will live.”

Rom. 1:17 (CEV):

“It's what we trust in but don't yet see that keeps us going.”

2 Cor. 5:7 (MSG):

“You were saved by faith in God, who treats us much better than we deserve. This is God's gift to you, and not anything you have done on your own.” Eph. 2:8 (CEV):

“What is faith? It is the confident assurance that what we hope for is going to happen. It is the evidence of things we cannot yet see .. By faith we understand that the entire universe was formed at God's command, that what we now see did not come from anything that can be seen...So, you see, it is impossible to please God without faith. Anyone who wants to come to him must believe that there is a God and that he rewards those who sincerely seek him.” Heb. 11:1,3,6 (NLT):