

CELEBRATION NOTES
GHOSTS OF CHRISTMAS PAST—
PART 1: OVERCOMING OFFENSES

PART 2: LABELS

PART 3: SHAME

GUILT IS: I DID BAD.

SHAME IS: I AM BAD.

SHAME-BASED THINKING

- We are vulnerable to perfectionism.
- We are critical of ourselves making us critical of others.
- We use self-defeating thoughts as a form of protection and escape.

“Fear not; you will no longer live in shame. Don’t be afraid; there is no more disgrace for you. You will no longer remember the shame of your youth...”

Isaiah 54:4

If we confess our sins, [God] is faithful and just and will forgive us our sins and purify us from all unrighteousness. 1 John 1:9

YOU’RE STILL BELIEVING YOU ARE SOMETHING THAT GOD SAYS
YOU ARE NOT.

THE ONLY WAY TO HEAL FROM SHAME IS TO MOVE THE FOCUS
FROM WHAT I’M NOT TO WHO CHRIST IS.

BECAUSE OF CHRIST

I AM NOT _____.
BECAUSE OF CHRIST I AM _____.

Then the LORD said to Joshua, “Today I have rolled away the shame of your slavery in Egypt.”... Joshua 5:

CHRISTMAS EVE AT CAMBIER PARK

Sunday Morning Worship: 9:30 AM

(no refreshments or kids time)

CHRISTMAS EVE CANDLELIGHT SERVICE

“Back To HIStory”

6-7 PM

Visit with Saint Nicholas before the service