

Reflection Questions — Who Is the Holy Spirit?

1. **The Holy Spirit is God.**

Read Matthew 3:16–17 and Matthew 28:19. What do these passages teach us about the relationship between the Father, Son, and Holy Spirit? How does recognizing the Holy Spirit as God change the way you think about Him?

2. **The Holy Spirit is a person, not merely a force.**

The Holy Spirit thinks, teaches, counsels, guides, speaks, and grieves. Read John 14:26 and Ephesians 4:30. How might your relationship with the Holy Spirit be different if you consciously remembered that He is a Person who desires a relationship with you?

3. **The Holy Spirit teaches us.**

Read John 14:26. What are some ways the Holy Spirit has used Scripture, circumstances, or other believers to teach you? Are you willing to listen when He corrects or redirects you?

4. **The Holy Spirit guides us.**

Read John 16:13. What does it mean to be guided by the Spirit rather than simply following our own desires, emotions, or plans? What area of your life do you need to surrender more fully to His guidance?

5. **The Holy Spirit can be resisted.**

Read Acts 7:51. What are some ways people can resist the work of the Holy Spirit? Have there been times when you knew God was prompting you to do something but you resisted?

6. **The Holy Spirit can be grieved.**

Read Ephesians 4:30. What attitudes, words, or behaviors can grieve the Holy Spirit? What does this verse teach us about the seriousness of how we live as followers of Christ?

7. **The Holy Spirit intercedes for us.**

Read Romans 8:26–27. What encouragement do you receive from knowing that the Holy Spirit helps us in our weakness and intercedes for us when we don't know what to pray?

8. **The Holy Spirit lives in believers.**

Read 1 Corinthians 6:19–20. If your body is a temple of the Holy Spirit, how should that truth influence your choices, relationships, words, and actions?

9. **God's holiness now dwells in His people.**

Consider the outline: **Holy God → Holy Temple → Holy Place** under the Old Covenant, and **Holy God → Holy Spirit → Holy People** under the New Covenant. What difference should the indwelling presence of the Holy Spirit make in the way we understand our identity as Christians?

10. **Living in the presence of the Holy Spirit.**

Read Ephesians 5:18–20. What would it look like for you personally to be continually filled with the Holy Spirit? What is one specific area of your life where you need to become more responsive to His leading this week?