

**Nehemiah**  
**Rebuilding: A Wakeup Call**  
5-10-26 – Mark McCartin

**Big Idea:** Rebuilding begins when disruption drives us back to God in humility, confession, and dependence.

**I. Into: Rebuilding, a Normal Part of Life**

Everyone experiences seasons where something must be rebuilt.

If you never rebuild, you may be stuck in a rut.

**II. Disruptive News** (Neh 1: 2-3)

Rebuilding often starts with painful disruption.

“People don’t change when they see the light; they change when they feel the heat.”

“God whispers to us in our pleasures, speaks in our conscience, but shouts in our pains.” **C.S. Lewis**

Disruption Alone Does Not Change Us

**III. Heart Work** (Neh 1:4)

**The Rebuilder’s Prayer**

Text: Nehemiah 1:5–11

“What comes into our minds when we think about God is the most important thing about us.” **A. W. Tozer**

**Heb 4:16** *Let us then approach God’s throne of grace with confidence, so that #1 we may receive mercy and #2 find grace to help us in our time of need.*

**1 Pet 5:7** *Cast all your anxiety on him because he cares for you.*

**Mat 23:37** *"Jerusalem, Jerusalem, you who kill the prophets and stone those sent to you, how often I have longed to gather your children together, as a hen gathers her chicks under her wings, and you were not willing.*

**Mat 11:28-30** *"Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light."*

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