

Psalm 1:1-6 *Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, <sup>2</sup> but whose delight is in the law of the LORD, and who meditates on his law day and night. <sup>3</sup> That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither--whatever they do prospers. <sup>4</sup> Not so the wicked! They are like chaff that the wind blows away. <sup>5</sup> Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. <sup>6</sup> For the LORD watches over the way of the righteous, but the way of the wicked leads to destruction.*

"All men seek happiness. This is without exception. Whatever different means they employ, they all tend to this end."

**Blaise Pascal** (1623-1662),

"*Blessed (happy) are those who hear the word of God and obey it*"

**Jesus** – (Luke 11:28).

"Happy are the people whose God is the LORD" (**Ps 144:15**)  
"In Your (LORD'S) presence there is fullness of joy" (**Ps 16:1**)

## Four "blessed is the person who" principles

### 1. Happiness is possible. Vs 1

### 2. Happiness is fundamental not a superficial. Vs 3

It is not circumstantial

### 3. Happiness can never be found directly. Vs 2

"*Blessed are those who hunger and thirst for righteousness, for they will be filled.*" **Matt 5:6**

"Aim at Heaven and you will get Earth 'thrown in': aim at Earth and you will get neither." **C.S. Lewis,**

### 4. It's something you choose. Vs 1-2

**James 1:25** *But the one who looks intently into the perfect law of freedom, and continues to do so--not being a forgetful hearer, but an effective doer--he will be blessed in what he does.*

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