

Day 4: Faith Shields and Flaming Arrows

Reading: Ephesians 6:16; Hebrews 11:1–6; 1 John 5:4–5

Devotional:

Paul calls us to “take up the shield of faith.” Roman shields were large and could be linked together—faith is not only personal, but communal. The enemy fires flaming arrows of doubt, fear, accusation, and temptation. But faith extinguishes them.

Faith isn’t the absence of fear—it’s trusting God despite fear. From the transcript: “You can’t win a battle you pretend doesn’t exist.” That means faith acknowledges the fight—but chooses to trust God’s victory anyway.

Reflection Questions:

- What arrows have been flying your way this week?
- Is your shield raised—or resting by your side?

Today’s Challenge:

Write a short prayer of faith declaring God's promises over a specific battle you're facing.

Prayer:

Father, strengthen my faith. Help me hold the shield high when fear rises. Let me trust in Your Word over what I feel or fear. Amen.
