

This Is How We Do It - Week 1 August 10-11, 2019 | Casey Tygrett

This weekend, Pastor Casey invites us to look deeper into why we gather.

CELEBRATE

At the beginning of your small group time, it's good to share about your week and share with each other how you're doing. So, spend some time, right now, connecting before jumping into the discussion questions. You can use the *Connect* section as a guide. If you're doing this Study Guide on your own, take a moment to focus your mind on God and what He might want you to hear today.

CONNECT

- 1. Talk about what your typical morning routine looks like. What's usually the first thing you do when you're up and moving?
- 2. Think back to all that happened in your life this past week. If you were to pick the moment, event or memory that *mattered most* (a moment that was most memorable, significant, etc.) to you in the past seven days, what would that be? Why?

Before watching the <u>sermon</u>, or moving on in this study, take a minute to remember that God is always with you. Pray as a group for God to bless your conversation and open your eyes and hearts to what He wants you to hear.

REFLECT

Before moving forward in your study, take a moment and review the key points from this weekend's message.

- 1. Every move we made this week was made in light of what matters most.
- 2. When we worship together, we learn that we aren't built to do everything.
- 3. God welcomes us, and He is of ultimate value and worth.
- 4. We aren't in charge, but we have a powerful partner.

SCRIPTURES USED IN THE MESSAGE: Psalm 8:1, 8:3-5; Matthew 4:1-4, 4:5-7, 4:10; 5:8-9, 23:12; Mark 2:17; Luke 15:20-24; John 15:4-5

RESPOND

- 1. Talk about a thought, phrase, or moment from this weekend's message that resonated with you. Why do you think it did?
- 2. Pastor Casey said, "Every move we made this week was made in light of what matters most." Think about a time in the last week or so that you were forced to make a decision between different things. What most helps you identify *what matters* most in situations like that?
- 3. Read Romans 12:1-8. Read slowly and out loud if possible. Paul writes this section of the letter in an effort to help the Romans *respond* to God's gift of love and mercy. He invites us to respond in worship by becoming "more holy and acceptable to God." Talk about what you think Paul means by this. What might it look like to become *more holy*?
- 4. Paul talks about what it looks like to live in community and worship alongside one another as the Body of Christ. At Parkview, we worship together every time we gather. Talk about how you usually feel during worship. Maybe it freaked you out a bit at first. Or maybe you felt right at home. Share what the experience is like for you.
- 5. When we get caught up in routine and tradition, we can sometimes forget why we do the things we do or even how motions affect us. Talk a bit about your typical routines and disciplines. What are some habits you have that help in your spiritual and personal growth?
- 6. It's one thing to receive God's gift of grace, but another thing to respond to it. Talk about a time you felt led to respond to an invitation or challenge from God. Or, share something that you're currently feeling led to *do in response* to Him.
- 7. Pastor Casey pointed us to Matthew 23:12. In it, we read, "All who exalt themselves will be humbled, and all who humble themselves will be exalted." Sometimes creating better habits or disciplines in our daily life can help us continually humble ourselves and renew our minds (Romans 12:2). Think about an area in your life that you feel challenged to grow in. Brainstorm a healthy habit you could put in place this week to aide you in your walk.
- 8. Gathering together in worship is a huge catalyst in creating community. Talk as a group about some ways you could worship together as the fall approaches. Maybe it's as simple as attending a weekend service together, going to a worship event or serving the community. Use this time to plan out how to put the rhythm of worship into your group.

Closing Prayer:

God, thank you for being part of our daily life. The fact you are with us each and every moment in the miraculous and the mundane is easy to forget sometimes. Help us take time to pause this week in our steps and strides to see your presence and recognize your movement. We commit to growing closer to your Son, Jesus, this week. Help us do that. Renew our minds and continue to transform us to look more and more like Him. We love you.

Amen.