

## Spirit, Soul, and Body, Sound and Complete

Sound and Complete Series (SAC-01)

April 24 , 2022

- Psalm 42:5 (NASB)
- 1 Thessalonians 5:23 (AMP)
- Sound – defined (adjective)
  - 2 Timothy 1:7
- Complete – defined (adjective)
  - Philippians 1:6 (NKJV)
- Sound – \_\_\_\_\_
- Complete – \_\_\_\_\_
- A \_\_\_\_\_ – a pathway – a journey – until the day of Christ Jesus (when Jesus Christ returns NLT)
- Philippians 3:12

### Emotional Well-being

- Prospering Soul
  - 3 John 2 (NKJV)
  - Mind – \_\_\_\_\_
  - Will – \_\_\_\_\_
  - Emotions - \_\_\_\_\_

### Healthy Mind - Thinker

- Isaiah 55:8–9
- Romans 12:2
- A Healthy Mind thinks the way \_\_\_\_\_ thinks

### Healthy Will – Chooser

- Colossians 1:9–10
- Hebrews 10:7
- Matthew 26:39
- A Healthy Will – \_\_\_\_\_ and \_\_\_\_\_ itself to the will of God

### Healthy Emotions – Feeler

- Created in the \_\_\_\_\_ of God – an emotional being
- Proverbs 6:16–19
- The difference between the Lord and ourselves is our emotions or feelings can lead us to \_\_\_\_\_, while God’s emotions or feelings are righteous and come from a place of \_\_\_\_\_ for His people.
- Unhealthy Emotions – \_\_\_\_\_ lights on the dashboard

- Ask – What is wrong?
- Psalm 42
  - As the deer longs for streams of water, I long for you, O God (NASB – so my \_\_\_\_\_ pants for You)
  - My enemies continually \_\_\_\_\_ me
  - I wander around in \_\_\_\_\_, oppressed by my enemies
  - My \_\_\_\_\_ is breaking as I remember how it used to be
  - Why am I discouraged (NASB – in \_\_\_\_\_)
  - Despair – defined – the complete loss or absence of \_\_\_\_\_
  - Now I am \_\_\_\_\_ discouraged
  - But I will \_\_\_\_\_ you
  - Put your \_\_\_\_\_ in God
- Ask – What do I do?

### Hope in God

- Hebrews 6:18–19 ... This hope is a strong and trustworthy \_\_\_\_\_ for our souls. It leads us through the curtain into God’s inner sanctuary.
  - Anchor – \_\_\_\_\_ for the mind, will, emotions
- Psalm 42:5 (NASB95) ...for I shall again praise Him For the help of His \_\_\_\_\_.
- Psalm 73:16–19 ... Then I went into your sanctuary, O God, and I finally \_\_\_\_\_ the destiny of the wicked.
- Proverbs 13:12
- Psalm 119:74 May all who fear you find in me a cause for joy, for I have put my hope in your \_\_\_\_\_.
  - God’s \_\_\_\_\_ and ways
  - God’s \_\_\_\_\_ revealed
- 1 Peter 1:13 ...Put all your hope in the gracious \_\_\_\_\_ that will come to you when Jesus Christ is revealed to the world.
  - The promise of \_\_\_\_\_ life
- When your soul despairs – experiencing emotional pain
  - Ask why
  - Ask what to do
  - Hope in God
    - Get help from his presence
    - Get help from his Word – his thoughts, his ways, his will