

The Secret of Contentment

May 25, 2025

Pastor Maleca Walters

The Secret of Contentment

- Philippians 4:11–13 (NIV)

Introduction

- "I have learned to be content whatever the circumstances." – Philippians 4:11
- Contentment is not natural; it is supernatural.

Contentment Is Learned, Not Given

- Philippians 4:11
- Hebrews 13:5
- 1 Timothy 6:6
- Application: Are you letting hardship teach you contentment?

Contentment Is Not Dependent on Circumstances

- Philippians 4:12
- Ecclesiastes 5:10
- Luke 12:15
- Illustration: The Two Travelers in the Desert
- Application: Contentment is a choice, not a condition.

Contentment Comes Through Christ's Strength

- Philippians 4:13
- John 15:5
- Isaiah 40:31
- Psalm 23:1
- Illustration: The Branch and the Vine
- Application: Stay connected to Christ—your true source of strength.

Conclusion

- Recap:
- - Contentment is Learned
- - Contentment is Independent of Circumstances
- - Contentment is Empowered by Christ
- Call to Action: Let Christ be your portion.

Closing Prayer

- "Father, thank You that true contentment is not found in things but in You... Amen."

Reflection Questions

- What have I been looking to for contentment apart from Christ?
- What lesson might God be teaching me in my current season?
- How can I practically stay connected to Jesus daily?