

Soul Examination

(GF-03) Genuine Faith Series

November 27, 2022

2 Corinthians 13:5

1 Thessalonians 5:23

Is it Well with Your Soul?

- How do you measure Soul Wellness?
 - _____ health
 - _____ health
 - Starts with _____ Wellness

Two of the greatest Emotional Health Issues

- _____
- _____
- Elijah's Experience - 1 Kings 19:1-9
 - Mt Carmel showdown – _____ rush
 - Queen's pursuit – _____
 - _____ – tired, hungry
 - Take my _____
 - He lay down and _____
 - Get up and _____

The Longest Night Ever

- Psalm 30:5 – Weeping may last through the night but _____ comes with the morning
- Isaiah 61:1-3

Genuine Faith impacting Emotional Wellness

- Psalm 42:5-8

Examples in Ministry and Life

- Sunday mornings for me
 - The Holy Spirit doing the work - Philippians 1:6
- Life for me
- Matthew 6:25-33
 - Don't worry about _____ life
 - Can all your worries add a single _____ to your life?

- God cares for the birds, for the wildflowers, how much more _____ you are to Him
- Why do you have so little _____?
- These things dominate the thoughts of _____
- Your heavenly father already knows _____ your needs
- Seek the Kingdom of God _____ all else
- Live _____
- He will give you _____ you need
- Philippians 4:6-7
 - Don't _____ about anything
 - _____ about everything
 - God's _____ will guard you hearts and minds
- 1 Peter 5:7
- Matthew 14:13-21 – Jesus feed the 5000
- Matthew 15:32-38 – Jesus feeds the 4000
 - People often _____ when faced with difficult situations
 - we often _____ God's provision for us in the past.
 - _____ what God has done for you

Spiritual Health Promotes Emotional Health

- God _____ me, will never _____ me, is preparing a place for me, a place with no _____
- Revelation 21:3-4
 - This is the _____ that I have to look forward to
 - I can _____ until the end
 - James 4:14 You are just a _____ that appears for a little while and then vanishes away.
- When the longest night becomes the _____ moment