



Watch the Table Talk Video

Let's Talk:

Discuss this quote from Jon's sermon: "What has more say on the way you live: culture, experience, your feelings, your story, your politics, your views, your family, your friends or Scripture?"

Let's Study:

Read Genesis 1:26-31.

How does this passage inform your understanding of God's purpose and plan for sex and marriage?

Marriage and singleness are both expressions of God's nature and His will. Do you think the Church has failed the single community by placing too much emphasis on being married? Explain.

Briefly discuss the purpose of chastity. We are all called to practice the spiritual discipline of chastity. What would that look like for you?

Read 1 Thessalonians 4:3-8.

God has a high view of sex and sexuality and yet we live in a world that trivializes it. How could chastity help develop spiritual integrity?

1 Corinthians 6:15-20.

How does what one does with their body affect their true self?

Let's Apply:

How does addressing the topics that are normally not spoken of, such as masturbation, pornography, sexual addiction, same-sex attraction, gender confusion, rape, and molestation, help us to be more effective in our homes, faith communities and the world?

It has been said that chastity begins in the heart. What are some ways we can guard our hearts and minds and therefore our actions (making chastity easier to practice)?

Let's Pray:

Pray for the Lord's help to be pure in thought, word, and deed, as imitators of Jesus Christ. Ask for forgiveness for impure actions. Request the self-control needed to practice chastity and invite His Spirit to come during the times it is practiced.