## Lost & Found Series - Easter (Luke 24) April 12, 2020

## Let's Talk:

In general, do you find yourself mostly doubting others or mostly believing others? Why?

How could doubting something or someone be helpful to you? At what point could it become unhealthy?

What prevents you from speaking about spiritual doubts you may have? What makes you feel safe to honestly open up about your spiritual questions?

Let's Study: Read Luke 24:13-16. What does it mean 'the disciples were kept from recognizing' the risen Jesus?

Read Luke 24:17-24. Identify the various feelings that the disciples expressed as they walked along the road. How did Jesus respond to their confusion?

Read Luke 24:32.

What does the expression "our hearts burned within us" imply? Have you experienced this feeling when you heard or thought about Jesus' life, sufferings and death? Explain.

Let's Apply:

Many people are struggling with confusion, loss and isolation with today's reality. How will you come alongside them? What practical thing can you do for another this week?

Let's Pray:

Bring your fear, pain and sin to Jesus. Ask Him to release the power it has had on you. Rejoice in the hope that comes from the resurrection.