

CONNECT GROUP DISCUSSION GUIDE – WEEK 03

REAL
TALK

Let's Talk

When you feel completely overwhelmed, do you keep it to yourself? Do you cry on someone's shoulder? Do you tell everybody in sight? What response do you want from others: (a) Good biblical answers? (b) Advice? (c) "I know how you feel"? (d) No response, just a listening ear?

Let's Study

Read Psalm 69:1-12.

David has become the target of jokes in Israel. In verse 4 David says they hate him for no reason. If you could ask the people why they hate him, what reason do you think they'd give? What groups of people opposing David can you identify?

'Help' seems to sum up David's prayer in verses 13-18. According to verse 16, what basis does David appeal to God for help?

How would you describe David's spiritual condition? Discuss how a person's spiritual condition can also impact their physical or emotional condition.

Read Psalm 69:22-28.

What does David wish for his enemies? Do you find such prayers shocking? Why or why not.

The New Testament applies three verses in this psalm to Jesus (verses 4, 9, 21). In what ways might Jesus have felt like David?

Read Psalm 69:29-36.

Verse 29 serves as a hinge to this psalm: How so? From the context what must have happened to turn David's curse of men to praise of God?

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Lets Apply

Jesus never cursed his accusers. He forgave them and urged us to do the same (Matthew 5:10-12). How do you pray for those who persecute you?

Discuss what makes God angry. When you get angry, how do you determine if your anger is righteous? Describe what it looks like to take your anger and leave it with God.

In Psalm 69:9 David wrote, 'zeal for your house consumes me'. Is that something you could pray to the Lord? If not, what is one thing you need to do, to be closer to saying it to the Lord?

David chooses to end his honest desperate prayer with praise. Follow his example by including statements of "Praise God for..." in your group prayer time.

Let's Pray

Thank You Father, for the example of Jesus who demonstrated zeal. Help us to be on fire for You. Search our hearts and cleanse us from anything that destroys us from being a worthy dwelling place for your Spirit. In Jesus' Name we pray. Amen.