

# **Finding Joy in Life's Setbacks**

**Philippians 1:12-18**

**Big Idea: Often, setbacks are actually set-ups that God uses for his glory and our good, and we can actually find joy in the midst of life's setbacks!**

**1. Setbacks can be Divine Set ups. (v. 12-14)**

**2. Have a Gospel First Attitude. (Rise above your circumstances!) (vv. 15-18)**

**4 Practical principles to experience joy in setbacks:**

**1) Don't Wallow In Self Pity.**

**2) Don't Compare.**

**3) Trust God in the Mess.**

**4) Focus on the Cross.**



## Sermon Discussion Guide

### Gather

... with your family

... with friends or your 3G Group on a Phone Conference or video call  
(eg. Zoom, Hangouts, House Party, Facebook Watch Party)



### Grow

Processing today's message...



- **Aha!** – What did you learn? What challenged you?
- **Uh-oh!** – What concerns did it raise?
- **Hmmm!** – What do you need to think about some more?

- **Dig a little deeper...**

- Read Hebrews 12:4-12... What do these verses teach us about setbacks in life?
- What is the most significant setback that you are dealing with in your life right now? Which of Paul's principles that we learned in today's text most speaks to you in this setback?
- Which is one action step you can take this week to find joy in the midst of your setback?

### Go



- What is your main take away from today?
- What can you do this week to apply something you learned today?