



## Sermon Discussion Guide

March 21, 2021

### *Who is Stealing Your Joy?*

#### Gather



... with your family

... with friends or your 3G Group on a Phone Conference or video call (eg. Zoom, Hangouts, House Party, FaceBook Watch Party)

#### Grow



Processing today's message...

- **Aha!** – What did you learn? What challenged you?
- **Uh-oh!** – What concerns did it raise?
- **Hmmm!** – What do you need to think about some more?

**Dig a little deeper...**

Read [Philippians 4:6-9](#). Paul knew that our pervading thoughts → our actions that → attitude.

In [Philippians 4:8](#), Paul describes what should pervade a believer's thoughts. Why is it so important for us to focus our minds on true and excellent things? See also [2 Corinthians 10:4-5](#) and [Colossians 3:1-3](#).

**Your Joy Journey:** Are you currently worried about a difficult circumstance in your life? Can you think back to a time when you went through a difficult circumstance that caused you concern? You can work through your difficulty using the qualities listed in verse 8 as a guide for rightful thinking. Select 3 or 4 principles and explain how "thinking on these things" can help you work through any difficulty. It might help to consider also the opposite to these.

#### Go – How can you BLESS your neighbor this week?



- Begin with Prayer
- Listen
- Eat
- Serve
- Share Your Story