

# Prayer as a Life Rhythm

Making a habit of turning to God

# Relationship starts with Reverence

## 1. RESPONDING

We respond to God with reverence, worship, and obedience.

## The character of God demands a response

- We must live “Coram deo” – before the face of God

Isaiah 6

3 And one called out to another and said,  
“Holy, Holy, Holy, is Yahweh of hosts;  
The whole earth is full of His glory.”

4 And the foundations of the thresholds shook at the voice of him who called out, while the house of God was filling with smoke.

5 Then I said,  
“Woe is me, for I am ruined!  
For I am a man of unclean lips,  
And I live among a people of unclean lips;  
For my eyes have seen the King, Yahweh of hosts.”

## 1. RESPONDING

We respond to God with reverence, worship, and obedience.

Incommunicable		Communicable	
Independence	➤ —	Invisibility	➤ —
Immutability	➤ —	Wisdom	➤ —
Eternity	➤ —	Truth	➤ —
Unity	➤ —	Faithfulness	➤ —
Omnipresence	➤ —	Goodness	➤ —
Omniscient	➤ —	Love	➤ —
Omnipotence	➤ —	Grace	➤ —
Perfection	➤ —	Mercy	➤ —
		Longsuffering	➤ —
		Holiness	➤ —
		Justice	➤ —
		Jealousy	➤ —
		Will	➤ —
		Blessedness	➤ —
		Glory	➤ —

## 1. RESPONDING

We respond to God with reverence, worship, and obedience.

## Psalm 86

10 For You are great and do wondrous deeds;  
You alone are God.

11 Teach me Your way, O Yahweh;  
I will walk in Your truth;  
Unite my heart to fear Your name.

12 I will give thanks to You, O Lord my God, with all my heart,  
And will glorify Your name forever.

13 For Your lovingkindness toward me is great,  
And You have delivered my soul from Sheol below.

### 1. RESPONDING

We respond to God with reverence, worship, and obedience.

**Daily habits bring stability in our relationship with God.**

**Example 1: The ministry of Jesus**

## **2. REPEATING**

**We repeat daily patterns that keep us rooted in God's presence.**

**Daily habits bring stability in our relationship with God.**

**Example 2: The faithfulness of Daniel**

## **2. REPEATING**

**We repeat daily patterns that keep us rooted in God's presence.**

## John 15

4 Abide in Me, and I in you. As the branch cannot bear fruit from itself unless it abides in the vine, so neither *can* you unless you abide in Me.

5 I am the vine, you are the branches; he who abides in Me and I in him, he bears much fruit, for apart from Me you can do **nothing**.

6 If anyone does not abide in Me, he is thrown away as a branch and dries up; and they gather them, and cast them into the fire and they are burned.

### 3. REMAINING

We remain with God through instinctive prayer — the ongoing turning toward God.

## John 15

7 If you abide in Me, and My words abide in you, ask whatever you wish, and it will be done for you.

### 1 John 5:14

14 And this is the confidence which we have before Him, that, if we ask anything according to His will, He hears us.

15 And if we know that He hears us *in* whatever we ask, we know that we have the requests which we have asked from Him.

## 3. REMAINING

We remain with God through instinctive prayer — the ongoing turning toward God.

## 1. Prayer as posture

- Prayer should shape our work, school, and daily activity (Colossians 3:17; Psalm 16:8)

Psalm 16:8

8 I have set Yahweh continually before me;

Because He is at my right hand, I will not be shaken.

9 Therefore my heart is glad and my glory rejoices;

My flesh also will dwell securely.

## 3. REMAINING

We remain with God through instinctive prayer — the ongoing turning toward God.

## 2. Prayer as reflex

- Cultivate a pattern of turning to God throughout the day (Psalm 119:164; Nehemiah 2:4)
  - Quick, reflexive prayers woven into ordinary moments.
  - Small, consistent habits shape deeper devotion.

## 3. REMAINING

We remain with God through instinctive prayer — the ongoing turning toward God.

### 3. Prayer as thirst

- **Keeps believers alive in spiritual dryness**

Psalm 42:1-2

As the deer pants for the water brooks,

So my soul pants for You, O God.

My soul thirsts for God, for the living God;

When shall I come and appear before God?

### 3. REMAINING

We remain with God through instinctive prayer — the ongoing turning toward God.

## 4. Prayer as warfare

- Prayer is the key to spiritual warfare (Ephesians 6:18)
- Abiding prayer builds resilience and endurance.

## 3. REMAINING

We remain with God through instinctive prayer — the ongoing turning toward God.

- Don't lose sight of a vertical relationship with God.

James 4:8

Draw near to God and He will draw near to you.

## 4. RELATING

We relate to God and others together as His praying people.

- Don't lose sight of a vertical relationship with God.
- Remember the importance of horizontal relationship with God's people.

James 5:16

...pray for one another so that you may be healed. The effective prayer of a righteous man can accomplish much.

## 4. RELATING

We relate to God and others together as His praying people.