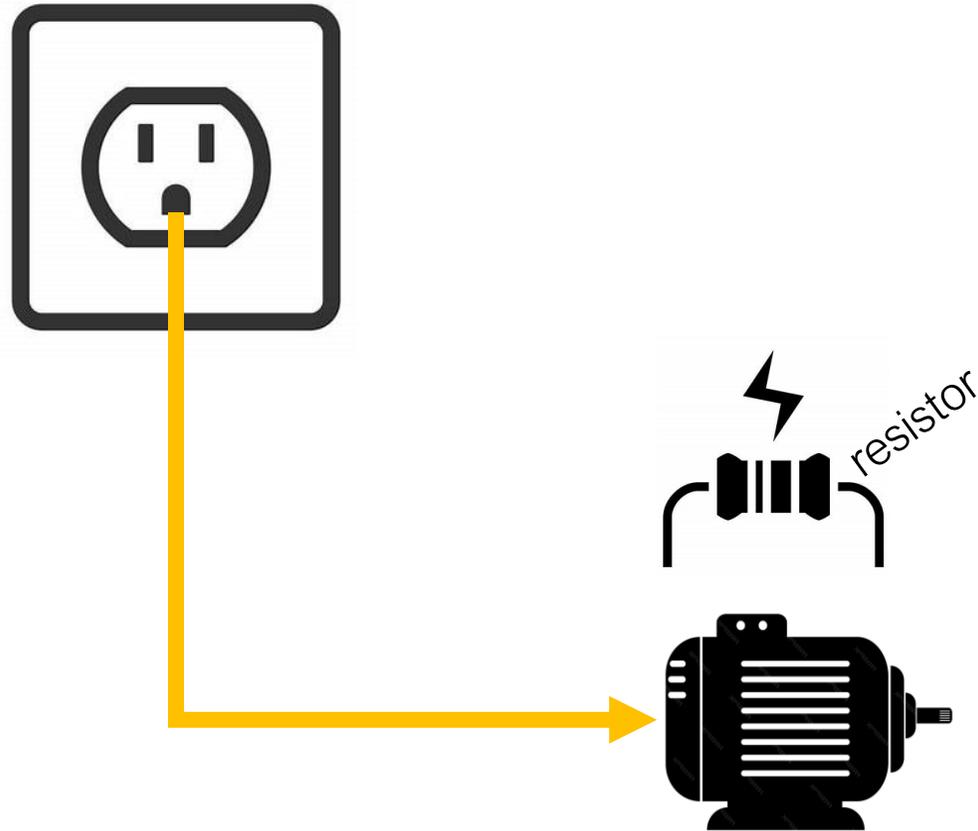


# How to Pray

# Voltage Current Resistance



# **Our Hearts' Resistance to Prayer**

# I. We naturally seek, but not for God

Romans 3:10

“There is none righteous, not even one;

11 There is none who understands,

There is none who seeks for God;

Psalms 10:4

The wicked, in the haughtiness of his countenance, does not seek Him.

All his thoughts are, “There is no God.”

## **2. We turn, but not upward**

Hosea 7

16 They turn, but not upward;

They are like a deceitful bow;

# 3. We draw near, but not for worship

Isaiah 29:13

Then the Lord said,

“Because this people draw near with their mouth

And honor Me with their lips,

But they remove their hearts far from Me,

And their fear of Me is in the command of men learned by rote,

# 4. We set our minds, but not on the Spirit

Romans 8

6 For the mind set on the flesh is death, but the mind set on the Spirit is life and peace, 7 because the mind set on the flesh is at enmity toward God, for it does not subject itself to the law of God, for it is not even able to do so, 8 and those who are in the flesh are not able to please God.

# 5. We speak, but not in righteousness

Isaiah 59:4

No one calls in righteousness, and no one seeks justice in truth.

They trust in confusion and speak worthlessness;

They conceive trouble and give birth to wickedness.

# 6. We harden our hearts

Zechariah 7

11 But they refused to give heed and turned a stubborn shoulder and dulled their ears from hearing. 12 And they made their hearts diamond-hard so that they could not hear the law and the words which Yahweh of hosts had sent by His Spirit by the hand of the former prophets;

# **Our hearts' deficit in How to Pray**

- distracted?
- shallow?
- forget?
- bare minimum?
- don't know what to say?
- hollow?

Matthew 26:39-41

39 And He went a little beyond them, and fell on His face and prayed, saying, “My Father, if it is possible, let this cup pass from Me; yet not as I will, but as You will.” 40 And He came to the disciples and found them sleeping, and said to Peter, “So, you men could not keep watch with Me for one hour? 41 Keep watching and praying that you may not enter into temptation; the spirit is willing, but the flesh is weak.”

**1. The spirit is willing, but the flesh is weak**

James 4:2

You do not have because you do not ask. **3** You ask and do not receive, because you ask with wrong motives, so that you may spend *it* on your pleasures.

**2. Not asking**

**3. Asking with wrong motives**

Malachi 1:6-10

## **4. Offering God the leftovers**

Proverbs 28:9

He who turns away his ear from listening to the law,  
Even his prayer is an abomination.

## **5. Stop listening to the Law**











# 5. Scripture-led prayer keeps prayers from becoming repetitive or shallow.

Ecclesiastes 5:2

Do not be hasty with your mouth or impulsive in your heart to bring up a matter in the presence of God. For God is in heaven but you are on the earth; therefore let your words be few.

St. MATTHEW, 9. *Jairus' daughter raised.*  
him themselves. This man  
meth, and knowing their thoughts  
before think ye evil in your  
whether is easier, to say, *Why*  
forgiven thee; or to say,  
that ye may know that  
of man hath power on  
forgive sins, then saith  
sick of the palsy.) Arise,  
by bed, and go unto thine  
arose, and departed to his  
when the multitudes saw  
marvelled, and glorified  
h had given such power  
I as Jesus passed forth  
he saw a man, named  
sitting at the receipt of  
and he saith unto him,  
And he arose, and fol-  
and it came to pass, as  
at meat in the house,  
my publicans and sinners  
sat down with him and  
from the Pharisees saw  
unto his disciples. Why  
Master with publicans  
and sinners?  
on Jesus heard that, he  
saith unto him, They that  
whole  
obedient, but they that  
ye and learn that *that*  
will have mercy, and  
; for I am not come  
righteous, & but sinners  
came to him the dis-  
saying, Why do we  
risees fast oft, but they  
s said unto them, Can  
s said unto them, Can  
of the bridechamber  
ing as the bridegroom  
? but the days will  
the bridegroom shall  
in them, and \* then  
mitteth a piece of  
into an old gar-  
at which is put in  
taketh from the  
the rent is made  
men put new wine  
es; else the bottles  
s perish; but they  
into new bottles, and  
ved.  
he spake these  
things, he looked  
in ruler, and wor-  
saying, My daughter  
The harvest truly is plenteous, but  
the labourers are few.  
28 ¶ Pray ye therefore the Lord  
of the harvest, that he will send  
forth labourers into his harvest.

St. MATTHEW, 10. *his twelve apos-*  
CHAPTER 10.  
*Christ sendeth out his twelve apostles,*  
*giving them power to do miracles,*  
*teaching them their charge, teaching them,*  
*to comfort them against persecutions,*  
*and promising a blessing to those that*  
*receive them.*  
AND when he had called unto  
his twelve disciples, he gave  
them power against unclean  
spirits, to cast them out, and to heal  
all manner of sickness and all man-  
ner of disease.  
2 Now the names of the twelve  
apostles are these: The first, Simon,  
who is called Peter, and Andrew his  
brother; James the son of Zebedee,  
and John his brother;  
3 Philip, and Bartholomew; Tho-  
mas, and Matthew the publican;  
James the son of Alphaeus, and  
Lebbeus, whose surname was Trad-  
des;  
4 Simon the Canaanite, and Judas  
the Iscariot, who also betrayed him.  
5 These twelve Jesus sent forth,  
and commanded them, saying, Go  
not into the way of the Gentiles,  
and into any city of the Samaritans  
enter ye not:  
6 But go rather to the lost sheep  
of the house of Israel.  
7 And as ye go, preach, saying,  
The kingdom of heaven is at hand.  
8 Heal the sick, cleanse the lepers,  
raise the dead, cast out devils: freely  
ye have received, freely give.  
9 Provide neither gold, nor sil-  
ver, nor brass in your purses,  
10 Nor scrip for your journey, nei-  
ther two coats, neither shoes, nor  
yet staves: for the workman is  
worthy of his meat.  
11 ¶ And into whatsoever city or  
town ye shall enter, enquire who  
in it is worthy; and there abide till  
ye go thence.  
12 And when ye come into an house,  
salute it.  
13 ¶ And if the house be worthy,  
let your peace come upon it: but  
if it be not worthy, let your peace  
return to you.  
14 And whosoever shall not re-  
ceive you, nor hear your words,  
when ye depart out of that house  
or city, shake off the dust of your  
feet.  
15 Verily I say unto you, It shall  
be more tolerable for the land of  
Sodom and Gomorrah in the day  
of judgment, than for that city.  
16 ¶ Behold, I send you forth as  
sheep in the midst of wolves: ye be  
ye therefore wise as serpents, and  
harmless as doves.  
17 But beware of men: for they  
will deliver you up to the councils,  
and they will scourge you in their  
synagogues:  
18 And ye shall be brought be-  
fore governors and kings for my  
sake, for a testimony against them  
and the Gentiles.  
19 ¶ But when they deliver you up,  
take no thought how or what ye shall

in that same hour what ye shall  
speak.  
20 For it is not ye that speak, but  
the Spirit of your Father which  
speaketh in you.  
21 ¶ And the brother shall deliver  
up the brother to death, and the  
father the child; and the children  
shall rise up against their parents,  
and cause them to be put to death.  
22 And he that hateth all  
these for my name's sake: but he  
that endureth to the end shall be  
saved.  
23 But when they persecute you  
in this city, flee ye into another: for  
verily I say unto you, Ye shall not  
have gone over the cities of Israel,  
till the Son of man be come.  
24 ¶ The disciple is not above his  
master, nor the servant above his  
lord.  
25 It is enough for the disciple that  
he be as his master, and the servant  
as his lord. If they have called the  
master of the house Beelzebub,  
how much more shall they call them  
of his household?  
26 Fear them not therefore: for  
there is nothing covered, or for  
not be revealed; and hid, that shall  
not be known.  
27 What I tell you in darkness, that  
speak ye in light: and what ye hear  
in the ear, that preach ye upon the  
house-tops.  
28 ¶ And fear not them which kill  
the body, but are not able to kill  
the soul: but rather fear him which  
is able to destroy both soul and body  
in hell.  
29 Are not two sparrows sold for  
a farthing? and one of them shall  
not fall on the ground without your  
Father.  
30 ¶ But the very hairs of your head  
are all numbered.  
31 Fear ye not therefore, ye are of  
more value than many sparrows.  
32 ¶ Whosoever therefore shall con-  
fess me before men, I will confess  
also before my Father which is in  
heaven.  
33 ¶ But whosoever shall deny me  
before men, I will deny him before  
my Father which is in heaven.  
34 ¶ Think not that I am come  
to send peace on earth: I came  
not to send peace, but a sword.  
35 For I am come to set a  
variance against his father,  
and the daughter against her  
father, and the daughter in law  
against her mother in law.  
36 ¶ And a man's foes  
of his own household.  
37 He that loveth  
his father or mother more than  
me, shall not be my disciple:  
38 And he that hateth his  
father and mother, and  
followeth me, shall be my  
worthy of my name.

# The Lord Jesus Teaches How to Pray

Luke 11:1 ...one of His disciples said to Him, “Lord, teach us to pray...”

## Matthew 6

9 Pray, then, in this way:

‘Our Father who is in heaven,

Hallowed be Your name.

10 Your kingdom come.

Your will be done,

On earth as it is in heaven.

11 Give us this day our daily bread.

12 And forgive us our debts, as we also have forgiven our debtors.

13 And do not lead us into temptation, but deliver us from the evil one.

[For Yours is the kingdom and the power and the glory forever. Amen.]

**Will you pray?**