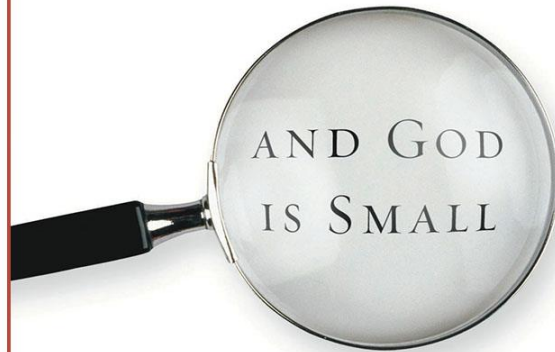


WHEN
PEOPLE
ARE BIG



EDWARD T. WELCH

- Peer Pressure
- Codependency
- Overly competitive
- Controlling
- Given to gossip
- Defensive
- Shyness
- Insecurity
- Avoiding people
- Overly sensitive
- Self-conscious
- Easily embarrassed
- Fear of failure
- People-pleaser
- “Needy”
- Low self-esteem
- Feeling empty or meaningless
- Lying
- Jealousy
- Anger
- Depression
- Dieting and working out?
- Comparing yourself to others
- Fear of rejection/criticism from evangelizing

FEAR OF MAN

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*The fear of man brings a snare,
But he who trusts in the Lord will be exalted.*

Proverbs 29:25

FEAR OF MAN

- Being controlled by people (Pro. 29:25)
 - Being afraid of someone
 - Holding someone in awe
 - Worshiping other people
 - Putting your trust in people
 - “Needing” people

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**We replace
God with
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*You shall have no
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(Exo. 20:3)

*You shall not make
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Attempts at overcoming **FEAR OF MAN**

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- **Welch in high school:** It doesn't matter what other people think of me, it only matters what I think of me.
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- **Culture:**
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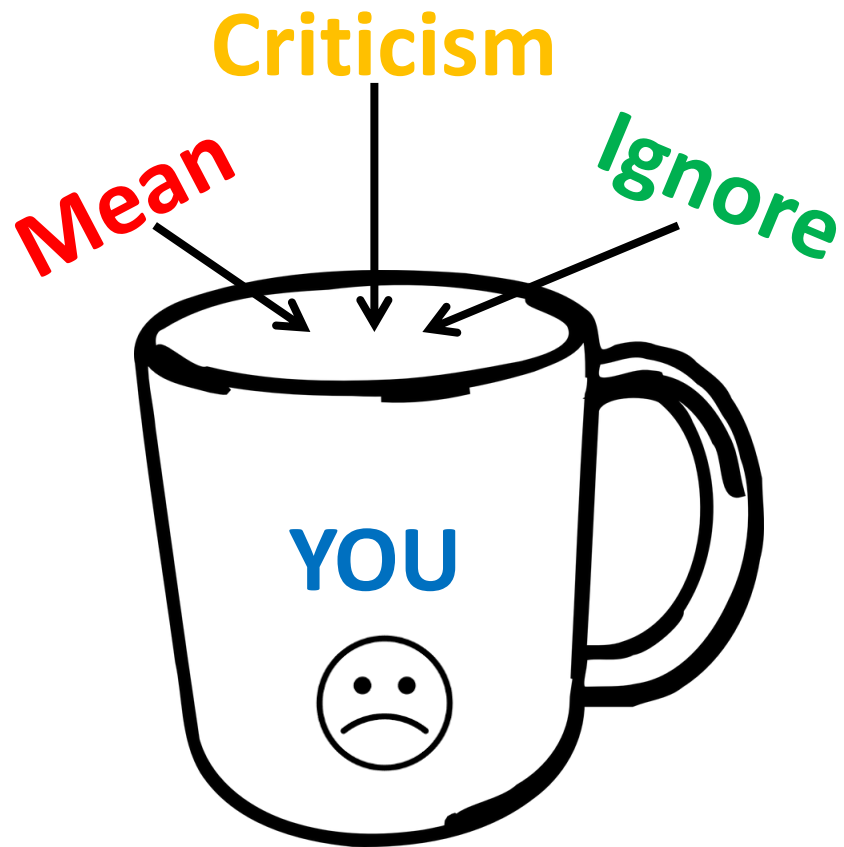
That approach (of loving yourself) sounded a little shallow to the evangelical world, so many Christians responded by saying that a better treatment for [low self esteem] is to know that God loves you more than you think. God can fill you with love, so you don't have to be filled by other people.

This certainly is better than the exhortation to love yourself more, but—and this might sound controversial—even this answer is incomplete. The love of God can be a profound answer to just about any human struggle, but sometimes we can use it in such a way that it becomes a watered down version of profoundly rich truth. For example, sometimes, because of shortcomings in us rather than Scripture, this answer misses the call to “consider others better than yourselves” (Phil 2:3), or it ignores personal repentance. Sometimes it still allows us and our needs to be the center of the world, and God becomes our physic errand boy given the task of inflating our self-esteem.

Ed Welch, [When People Are Big and God Is Small](#), p. 18

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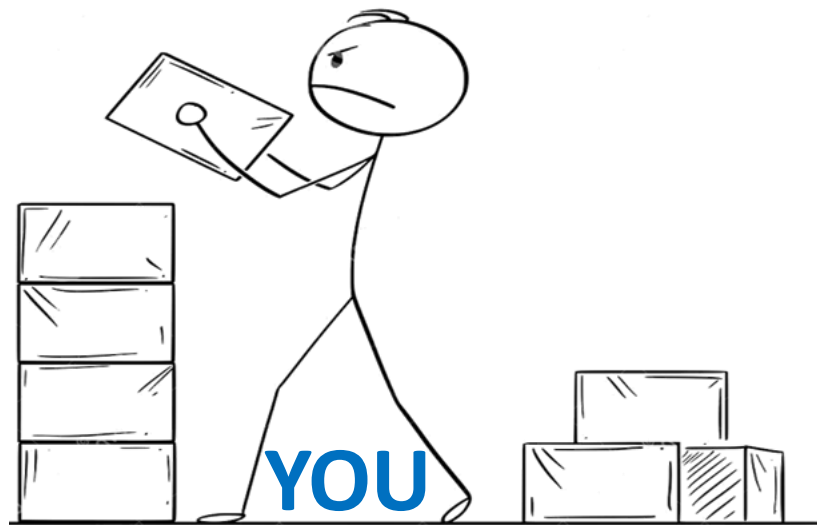
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- **When we get hurt:** Put up walls.

Attempts at overcoming **FEAR OF MAN**

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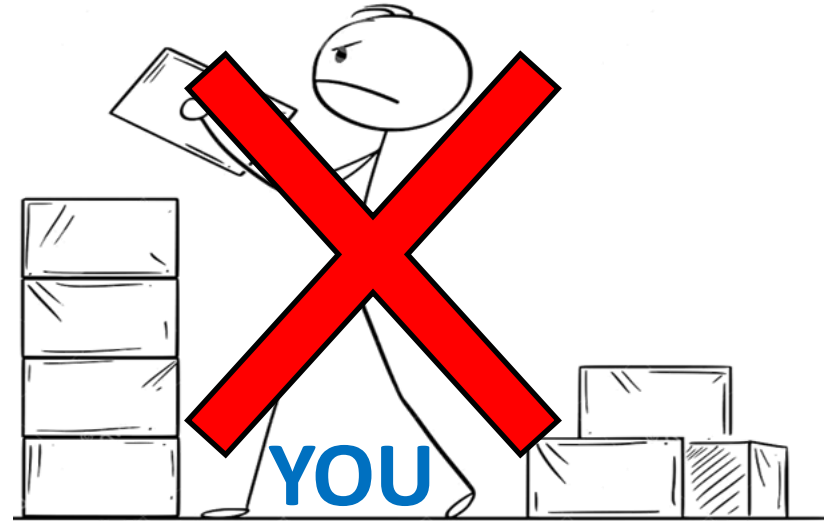
Living like a love cup



Putting up walls

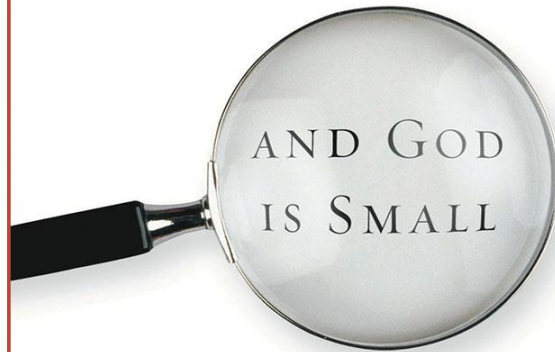


Living like a love cup



Putting up walls

WHEN
PEOPLE
ARE BIG



EDWARD T. WELCH

SHAME

SHAME

Sin-shame

Self-imposed shame due to our sinful nature and our personal sin.

SHAME

Sin-shame

Self-imposed shame due to our sinful nature and our personal sin.

Victimization-shame

Other-imposed shame that we experience because of the sin of other people.

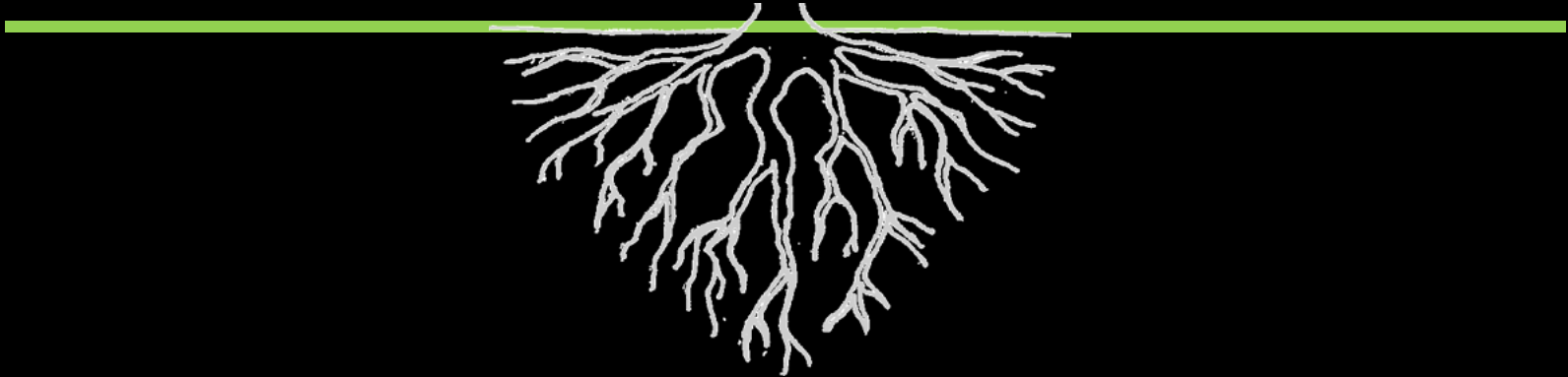
CULTURE

Low

Self-esteem

SCRIPTURE

Shame



CULTURE

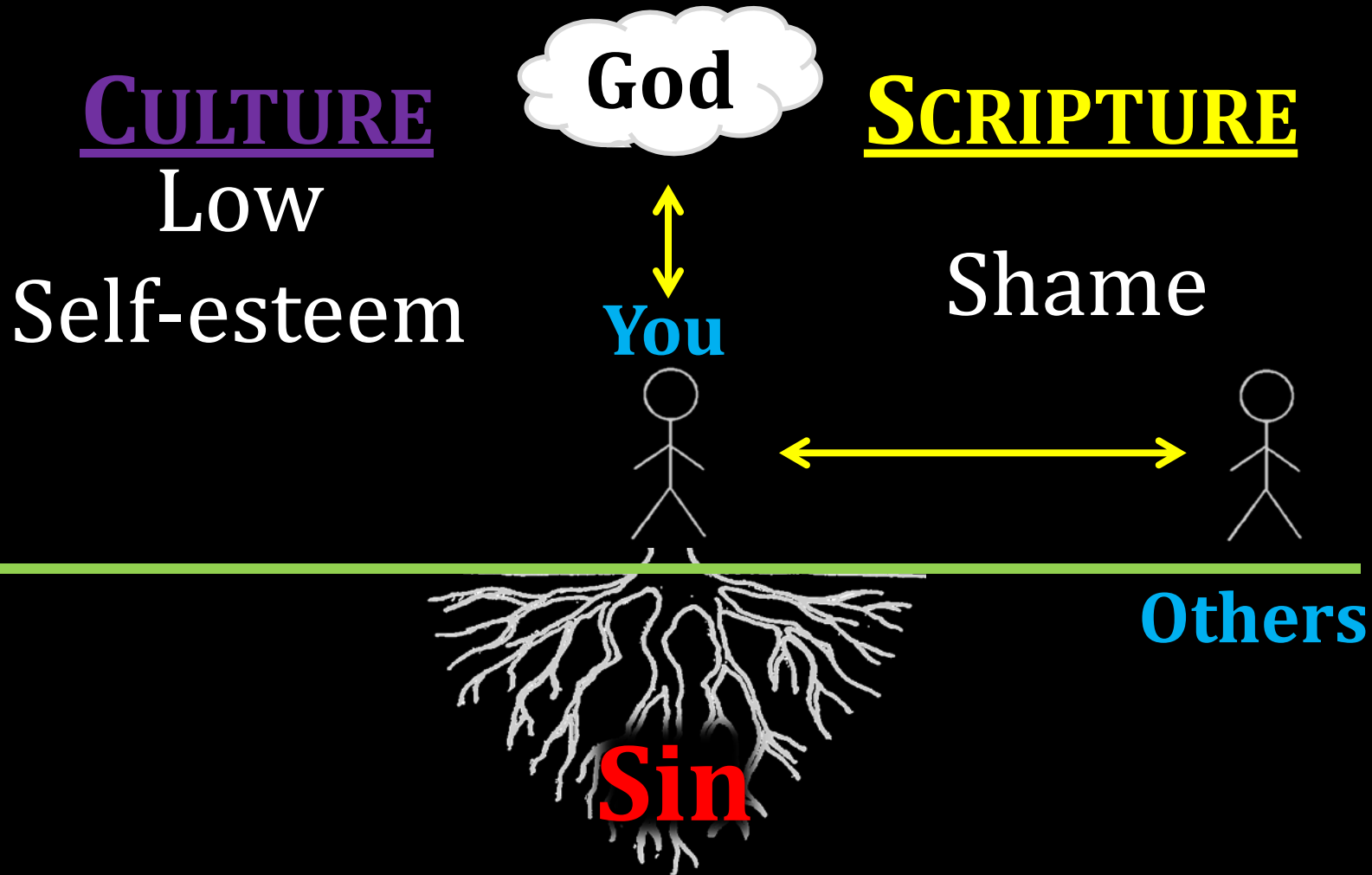
Low

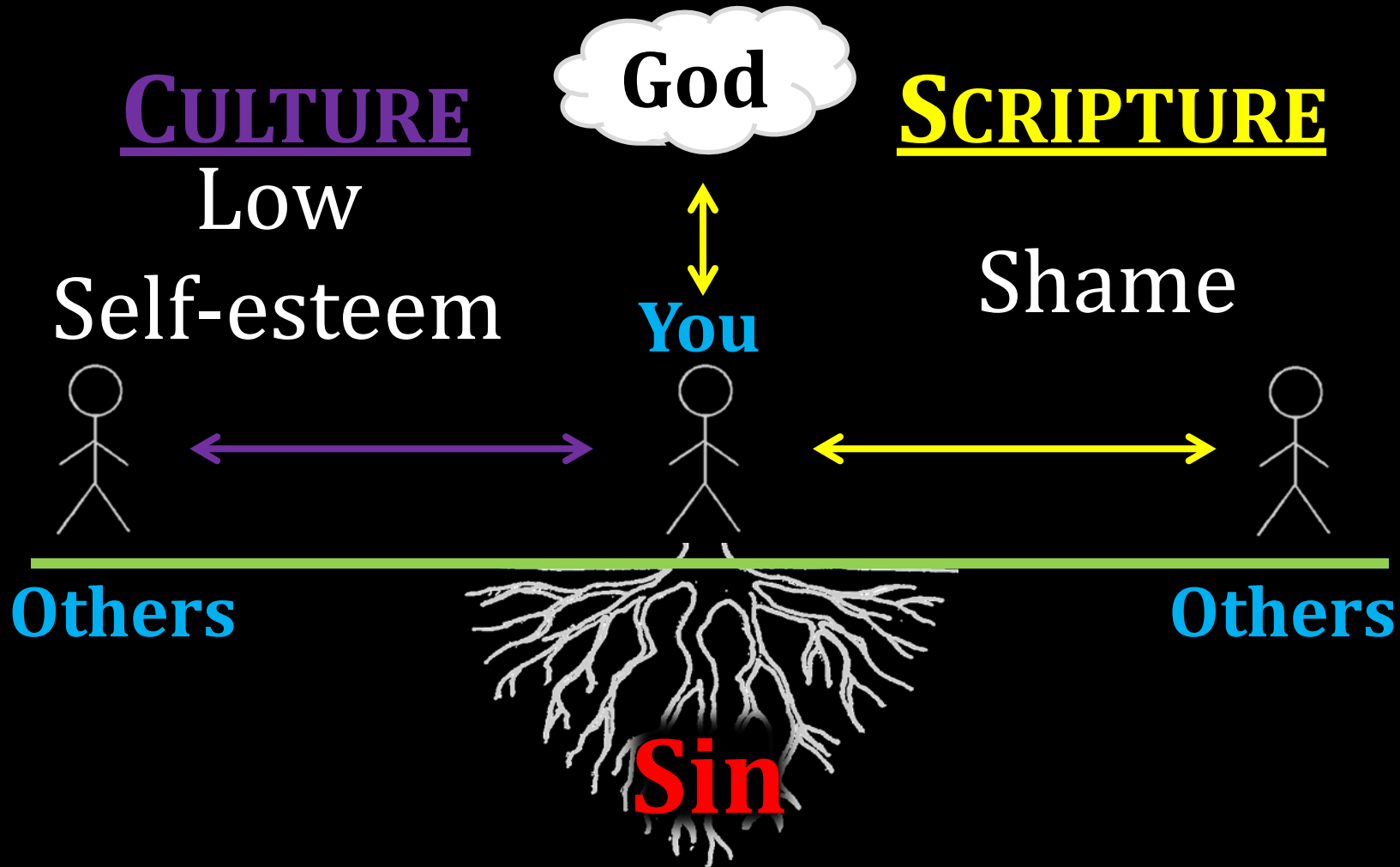
Self-esteem

SCRIPTURE

Shame

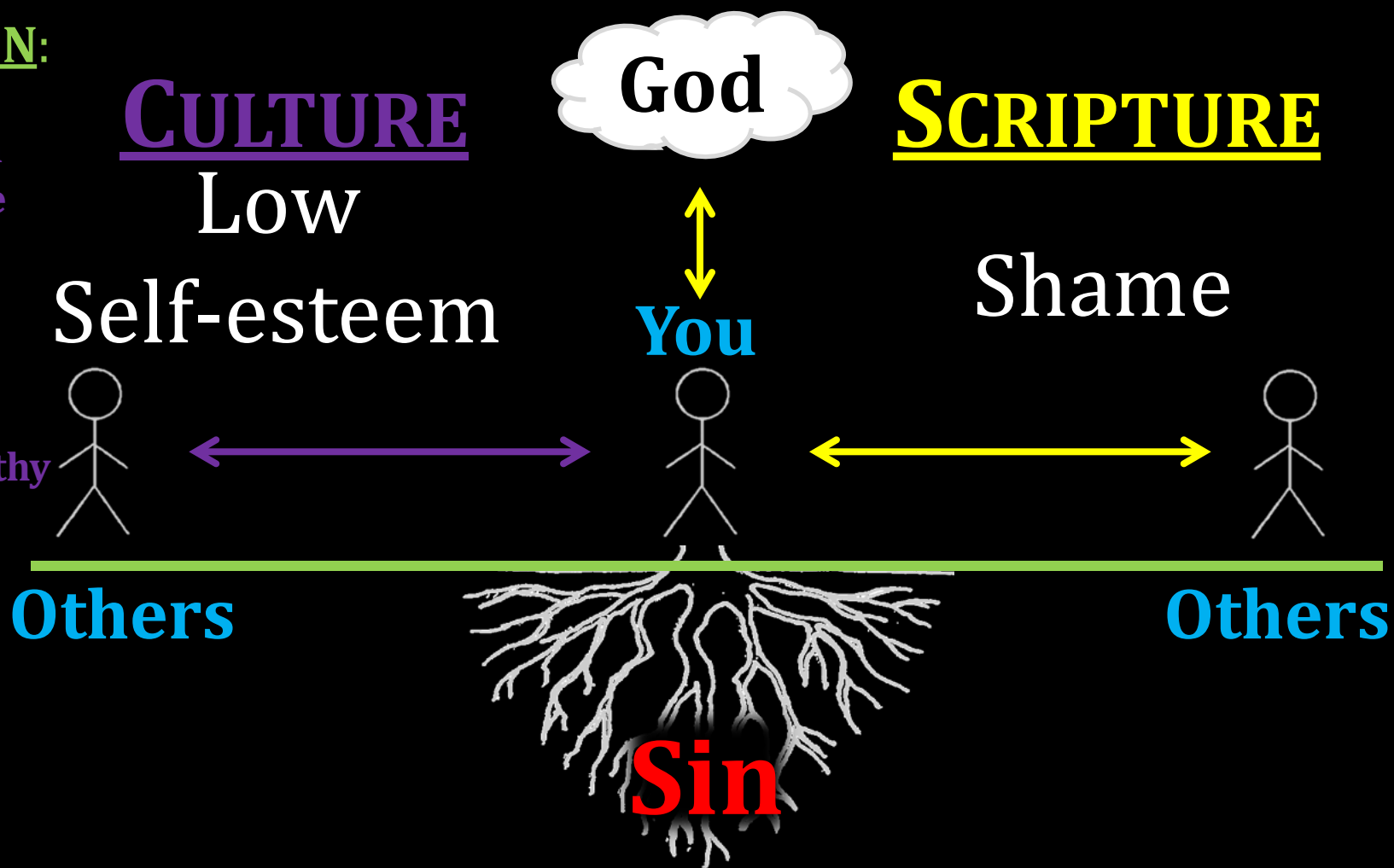






SOLUTION:

- Give yourself a pat on the back
- Love yourself more
- Find healthy relationships



Research is beginning to note that criminals and socially immature segments of the population score very high on self-esteem inventories. These people whole-heartedly believe that they are good, right, worthy, able, and deserve to get their way. Erica Goode in the New York Times (October 1, 2002) cites research to indicate that, “D students think as highly of themselves as valedictorians, and serial rapists are no more likely to ooze with insecurities than doctors or bank managers.”

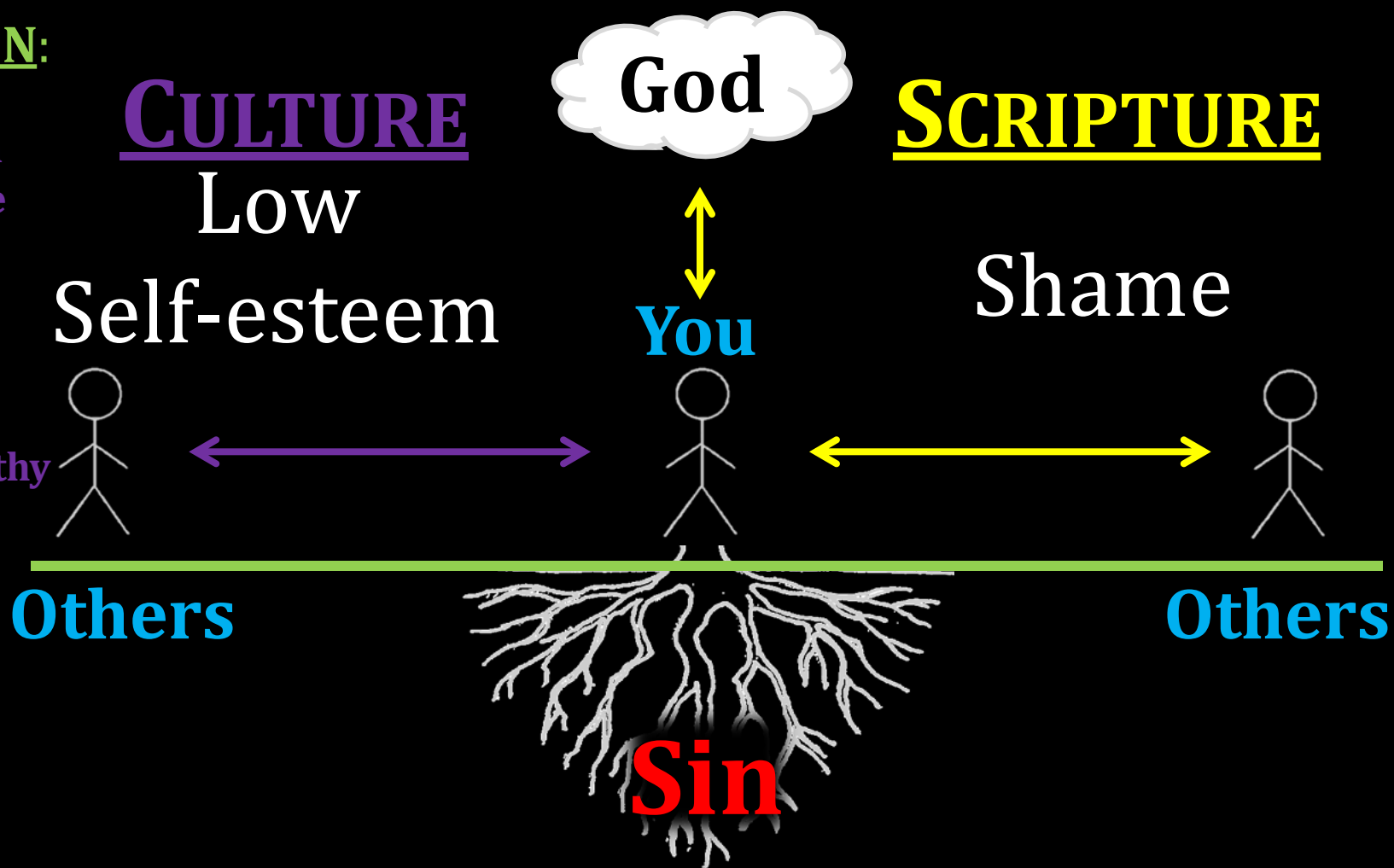
Brad Hambrick, *If Not Self-Esteem, Then What?*, p. 3

After a thorough review of all the major studies on self-esteem, [it] was neither proven to increase school performance nor to reduce the likelihood of children smoking, drinking, taking drugs, or engaging in premarital sex.

Brad Hambrick, *If Not Self-Esteem, Then What?*, p. 4

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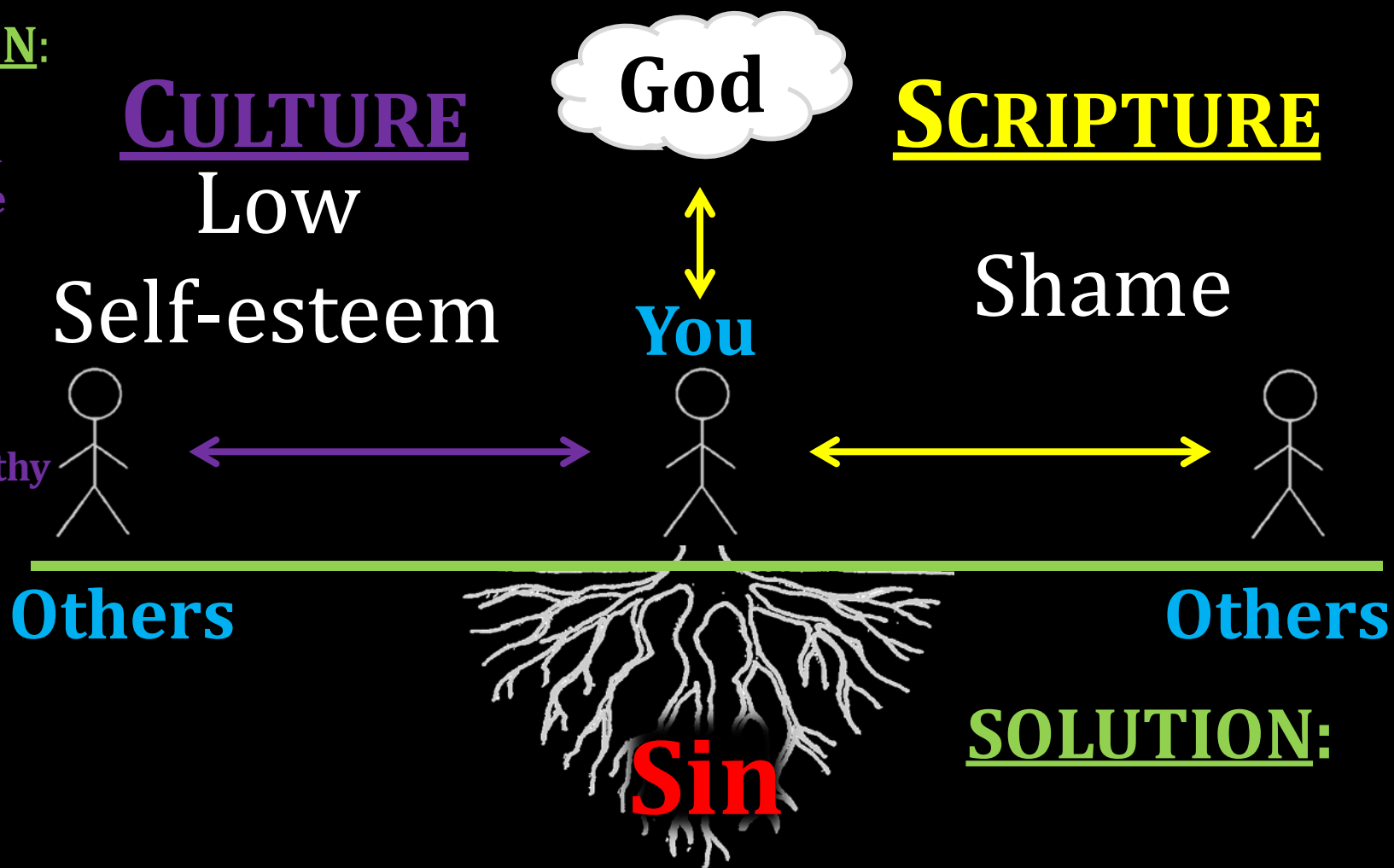


That's the paradox of self-esteem: Low self-esteem usually means that I think too highly of myself. I'm too self-involved, I feel I deserve better than what I have. The reason I feel bad about myself is that I aspire to something more. I want just a few minutes of greatness. I am a peasant who wants to be king. When you are in the grips of low self-esteem, it's painful, and it certainly doesn't feel like pride. But I believe that this is the dark, quieter side of pride—thwarted pride.

Ed Welch, *When People Are Big and God Is Small*, p. 32

SOLUTION:

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SOLUTION:

SOLUTION:

- Give yourself a pat on the back
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CULTURE

Low

Self-esteem



Others



God



You



SCRIPTURE

Shame



Others



Sin

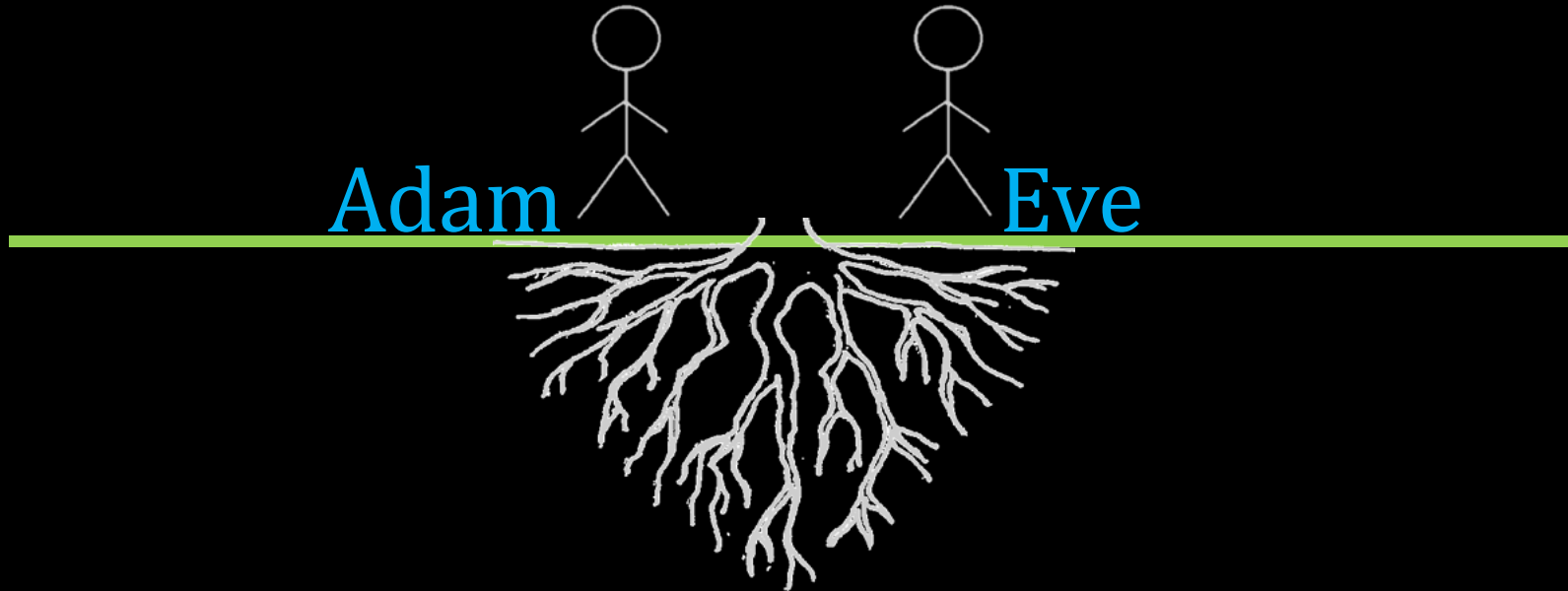
SOLUTION:
The Gospel

ADAM & EVE

Shame

SCRIPTURE

Shame

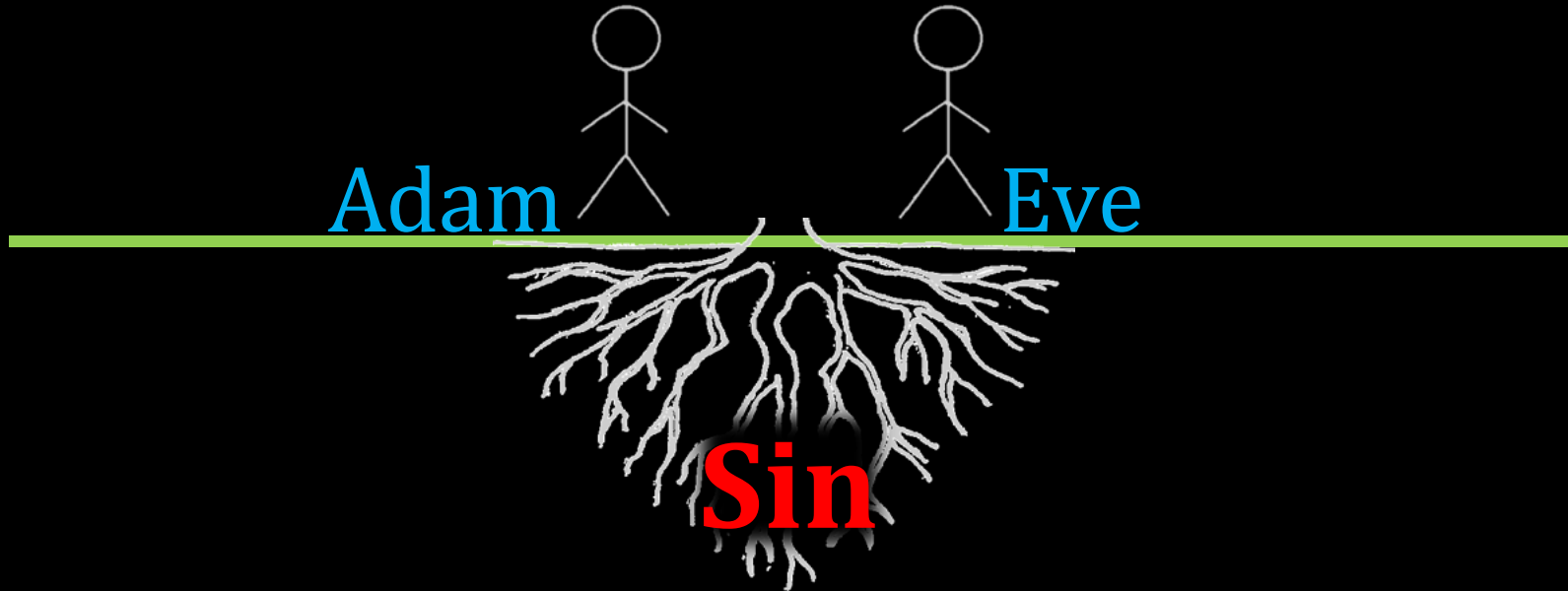


ADAM & EVE

Shame

SCRIPTURE

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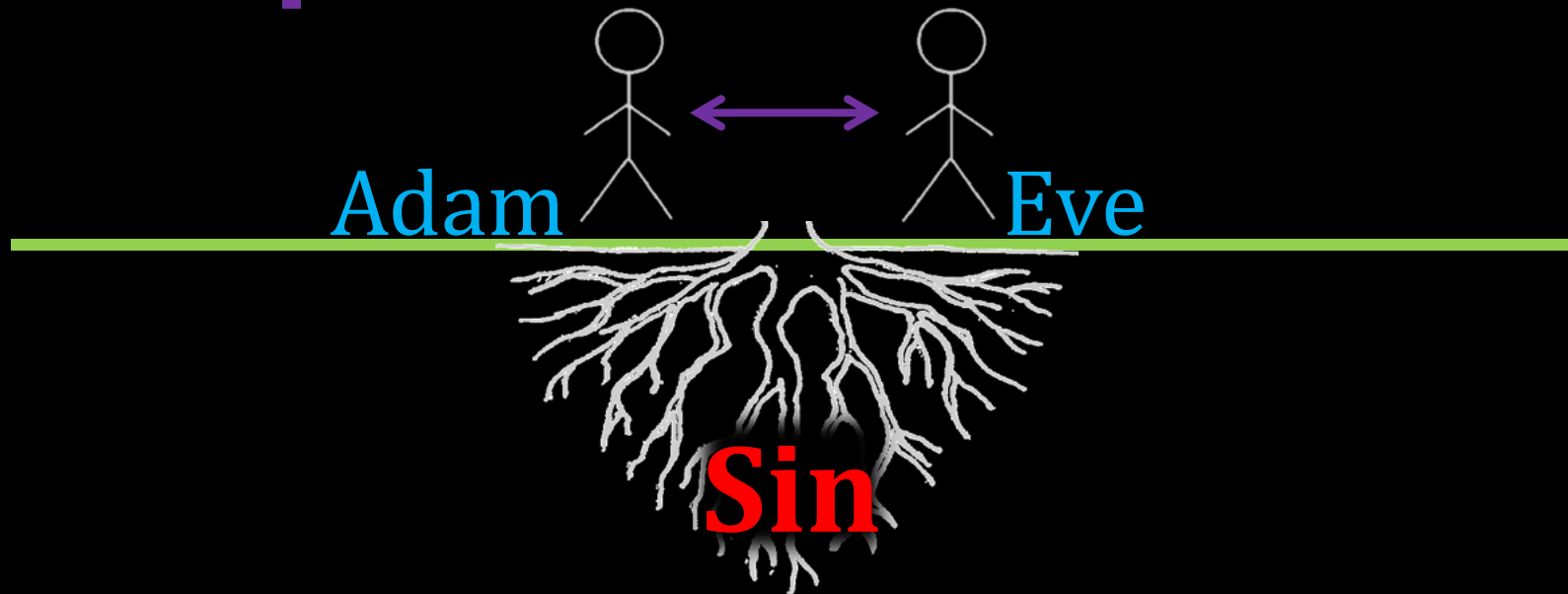
ADAM & EVE

Shame

SCRIPTURE

Shame

?



ADAM & EVE

Shame:

Physical

Nakedness

Adam



Eve



Sin

SCRIPTURE

Shame

ADAM & EVE



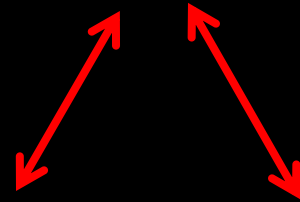
SCRIPTURE

Shame:

Shame

Physical
Nakedness

?



Adam



Eve



Sin

ADAM & EVE

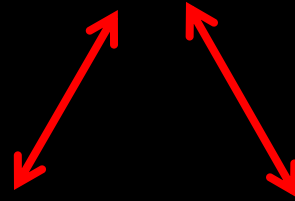
Shame:

Physical
Nakedness

Adam



God



SCRIPTURE

Shame:

Spiritual
Nakedness

Eve



Sin

ADAM & EVE



SCRIPTURE

SOLUTION:

- Covered their nakedness

Shame:

Physical
Nakedness



Adam



Eve

Shame:

Spiritual
Nakedness



Sin

ADAM & EVE



SCRIPTURE

SOLUTION:

- Covered their nakedness
- Hid

Shame:

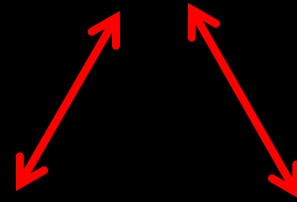
Physical
Nakedness



Adam



Eve



Shame:

Spiritual
Nakedness



Sin

ADAM & EVE



SCRIPTURE

SOLUTION:

- Covered their nakedness
- Hid
- Blame-shifted

Shame:

Physical
Nakedness



Adam



Eve

Shame:

Spiritual
Nakedness



Sin

ADAM & EVE



SCRIPTURE

SOLUTION:

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Adam



Eve

Shame:

Spiritual
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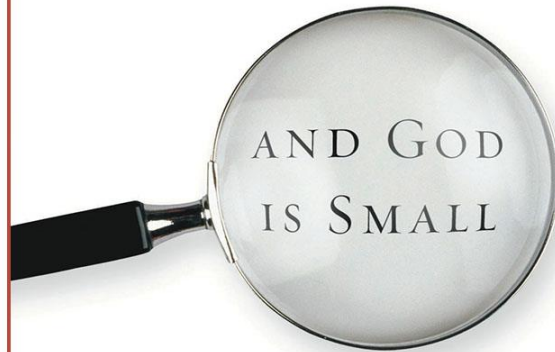


Sin

SOLUTION:

Animal sacrifice
(atonement for sin)

WHEN
PEOPLE
ARE BIG



EDWARD T. WELCH
