



DIGGING DEEPER

WORKSHOPS IN GOD'S WORD

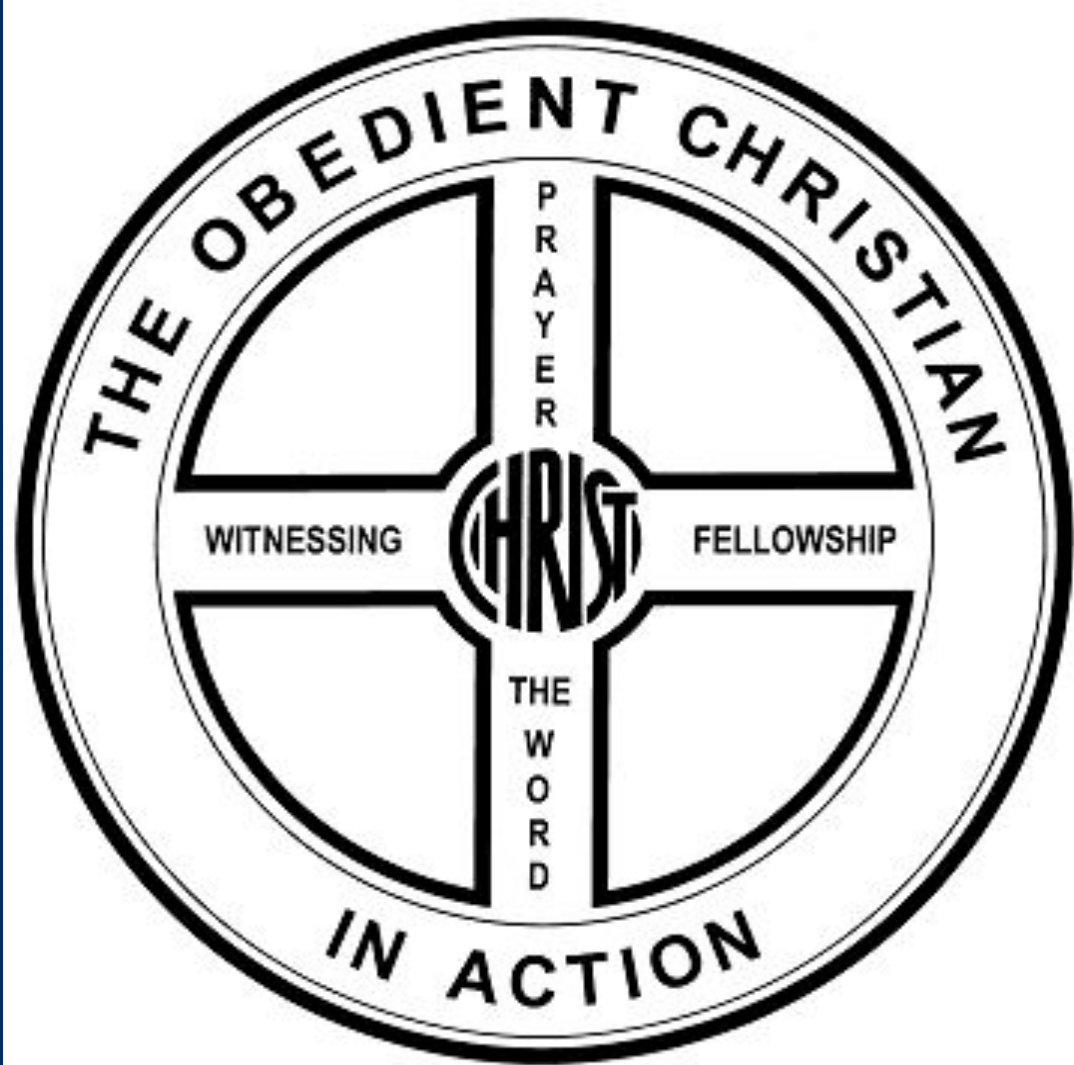
APRIL 17TH (6-9PM) - 18TH (8AM-12PM)



Establishing Healthy Habits

Cameron Pacheco

Matthew 4:4 "People do not live by bread alone, but by every word that comes from the mouth of God."



THE OBEDIENT CHRISTIAN

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IN ACTION

10 Benefits of Abiding in God's Word

1. **Life** From Jesus

You search the Scriptures because
you think they give you eternal life.
But the Scriptures point to me! Yet you
refuse to come to me to receive this
life.

John 5:39–40

10 Benefits of Abiding in God's Word

1. Life From Jesus

2. **Growth**

• Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation. Cry out for this nourishment.

• 1 Peter 2:2

10 Benefits of Abiding in God's Word

1. Life From Jesus
2. Growth
3. **Direction**

. Your word is a lamp for my feet, a
light on my path.

. Psalm 119:105

10 Benefits of Abiding in God's Word

1. Life From Jesus
2. Growth
3. Direction
4. Purity

- How can a young person stay on the path of purity? By living according to your word.

• Psalm 119:9

10 Benefits of Abiding in God's Word

1. Life From Jesus
2. Growth
3. Direction
4. Purity
5. **Joy**, Blessing, & Success

But they delight in the law of the Lord,
meditating on it day and night. They
are like trees planted along the
riverbank, bearing fruit each season.
Their leaves never wither, and they
prosper in all they do.

Psalm 1:2–3

10 Benefits of Abiding in God's Word

6. Freedom

If you abide in my word, you are truly
my disciples, and you will know the
truth, and the truth will set you free.

John 8:31–32

10 Benefits of Abiding in God's Word

6. Freedom

7. Peace

Great peace have those who love
your law, and nothing can make them
stumble.

Psalm 119:165

10 Benefits of Abiding in God's Word

6. Freedom

7. Peace

8. Prayer

If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you.

John 15:7

10 Benefits of Abiding in God's Word

6. Freedom

7. Peace

8. Prayer

9. Endurance

For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope.

Romans 15:4

10 Benefits of Abiding in God's Word

6. Freedom

7. Peace

8. Prayer

9. Endurance

10. **Equipping**

All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the servant of God may be thoroughly equipped for every good work.

2 Timothy 3:16–17



FOUR TIMES A WEEK IN THE BIBLE.

**Which of these benefits do you
need most right now? Why?**

WORD-FOR-WORD

Formal Equivalence

MEANING-FOR-MEANING

Closest Natural Equivalence

THOUGHT-FOR-THOUGHT

Functional Equivalence

PARAPHRASE

Retelling

NASB

ESV

KJV

NKJV

TRB

GW

CSB

NIV

NLT

NIRV

CEV

MSG

CSB Christian Standard Bible

CEV Contemporary English Version

ESV English Standard Version

GW GOD'S WORD Translation

KJV King James Version

MSG The Message

NASB New American Standard Bible

NIRV New International Reader's Version

NIV New International Version

NKJV New King James Version

NLT New Living Translation

TRB The Readable Bible

- How to Prepare For The Word:
- 1. Listen **Humbly**

- Get rid of all moral filth and the evil that is so prevalent and humbly accept the word planted in you, which can save you.

• James 1:21

- If anyone is willing to do His will, he will know of the teaching, whether it is of God or whether I speak from Myself.

• John 7:17

- So pay attention to how you hear.
To those who listen to my teaching,
more understanding will be given.
But for those who are not listening,
even what they think they
understand will be taken away from
them.

• Luke 8:18

How to Prepare For The Word:

1. Listen Humbly

2. Look **Intently**

- Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like.

• James 1:23-24

But whoever looks intently into the perfect law that gives freedom, and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do.

James 1:25

How to Prepare For The Word:

1. Listen Humbly
2. Look Intently
3. Live **Obediently**

Do not merely listen to the word, and so deceive yourselves. Do what it says.

James 1:22

**Why is your attitude so
important when approaching
the Word?**

5 Ways To Abide In The Word

Hear - So faith comes from hearing, and hearing through the word of Christ. Romans 10:17

5 Ways To Abide In The Word

Hear

Read – Deuteronomy 17:19-20

- He must always keep that copy with him and read it daily as long as he lives. That way he will learn to fear the Lord his God by obeying all the terms of these instructions and decrees. This regular reading will prevent him from becoming proud and acting as if he is above his fellow citizens.

- It will also prevent him from turning away from these commands in the smallest way. And it will ensure that he and his descendants will reign for many generations in Israel.

- Deuteronomy 17:19–20

5 Ways To Abide In The Word

Hear

Read

Study

- Now the Berean Jews were of more noble character than those in Thessalonica, for they received the message with great eagerness and examined the Scriptures every day to see if what Paul said was true.

• Acts 17:11

5 Ways To Abide In The Word

Hear

Read

Study

Memorize - I have hidden your word
in my heart, that I might not sin
against you. Psalm 119:11

5 Ways To Abide In The Word

Hear

Read

Study

Memorize

Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful.

Joshua 1:8

- **Which of these practices do you want to start developing today?**

- Develop a Daily Habit
 - A Regular Time

- Develop a Daily Habit

- A Regular Time

- A Restful Place

- Develop a Daily Habit
 - A Regular Time
 - A Restful Place
 - A Realistic Plan

• “Thoughts disentangle themselves when they pass through the fingertips.”

• - Howard Hendricks

• Scripture-Fed Prayer

• “Where the mind is not brimming with scripture, the heart is seldom brimming with prayer.”

• - John Piper

**Based on this workshop,
what is your plan for getting
God's word into your life?**

¹ The LORD is my shepherd; I have what I need. ² He lets me lie down in green pastures; he leads me beside quiet waters. ³ He renews my life; he leads me along the right paths for his name's sake. ⁴ Even when I go through the darkest valley, I fear no danger, for you are with me; your rod and your staff—they comfort me.

Psalm 23:1-4

Exercise 1: Habit Builder

Time: “After/Before _____, I will read”

Place: “I will sit at _____”

Plan: “I will read _____
(book/chapters)”

Backup plan: “If I miss, I will _____”

Exercise 2: Obstacles & Strategy

“What will realistically try to stop you this week?”

- List 1–2 obstacles
- Next to each, write a specific solution

Examples:

“Too tired” → read at lunch instead

“Forget” → set phone reminder or leave Bible on pillow

Exercise 3: Scripture-Fed Prayer

- Find a verse, then turn it into prayer.

Ex: Philippians 4:6–7 → “God, I give you my anxiety about _____. Give me your peace today, so that you get glory.”