

Praying the Scriptures

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Goal:

Participants will gain an understanding of the importance of praying scripture and a basic practice with which to pray through any text.

Agenda

1. Why Pray the Scriptures?
2. Meditating on the Word and Prayer
3. Modeling w/ Psalms 51
4. Personal Practice
5. Group Reflection + Discussion

Why Pray the Scriptures?

- Communion with God
 - We are pursuing the one who has pursued us (Matthew 6:6)
 - He will pursue us and protect us (James 4:8)
- Jesus is the great high priest
 - Draw near to the throne of Grace (Hebrews 4:15-16)

Meditating on the Word and Prayer

- Informed Mind AND Engaged Heart
 - *“You shall love the Lord your God with all your heart, soul, mind, and strength.” Deuteronomy 6:5*

Meditating on the Word and Prayer

- Inclining the Heart

“After engaging the mind to clearly see what we are being taught about God, Christ, salvation, eternity, and our own state, we must then seek to incline the heart until its hope and joy more fully rests in those things.” John Owen

Meditating on the Word and Prayer

- The Impact of the Word
 - *“The Law of the Lord is perfect, **reviving the soul**; the testimony of the Lord is sure; making wise the simple; the precepts of the Lord are right, **rejoicing the heart**; the commandment of the Lord is pure, **enlightening the eyes**; the rules of the Lord are true, and righteous altogether...” Psalm 19:7-9*
 - *“... and the Word WAS God.” John 1:1*

A.C.T.S.

- Adoration
- Confession
- Thanksgiving
- Supplication

Personal Practice Options

- Psalm 116
- Isaiah 55:1-9
- Colossians 1:9-14

Discussion + Reflection

1. How did the text you prayed through encourage communion with God?
2. What did you find hard/uncomfortable/awkward?