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'Remember you are the dust and unto dust you shall return.'

This is a reminder that our human body will decay at one time. Thus, we need to humble ourselves and come to God, provider of graces and source of love.

May our fasting, almsgiving, and prayer bring us closer to Jesus and make us more compassionate towards others, especially those in need.

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+A. Elias Zaidan

**Bishop of the Eparchy of Our Lady of Lebanon of Los Angeles**



ASH MONDAY  
FEBRUARY 28, 2022

"I yearn for your pardon,  
come to me, Lord. While there  
is still time, give me tears to  
beg for your mercy. For your  
favours, I thirst, O Lord;  
without them, I cannot stand.  
O Sea of Mercy, pour forth on  
me your overflowing kindness.

I have sinned, O Lord, and I  
now implore you: accept my  
petition and remove my sins.  
The great abyss of guilt seeks  
to swallow me. Extend your  
hand and lift me up, and I will  
not perish."

*Liturgy of the Word for Ash  
Monday*

