

**WOMEN IN THE WORD**  
**FELLOWSHIP BIBLE CHURCH**

Psalm 23 by Juanita Ryan  
Lesson 7 The God Who Heals Us  
November 1, 2022

“You anoint my head with oil”

Ross commentary:

Oil-common word—fat, oil, olive oil

Happiness—Ecc. 9:8

Prosperity—Eze. 16:13

Royal treasure—2Kings 20:13

Tribute/trade—Hosea 12:2

Anoint—from verb “be fat”—can mean make fat and anoint

Symbol of festivity and joy

Prov. 15:30—bring joy

“my cup runneth over”

Well filled

Cup—lot in life

Can be bad—Isa. 51:17

Fire, brimstone—Ps. 11:6

Jesus—cup of crucifixion—Matt. 26:39

Good—Ps. 23:5,16:5, 116:13

Tony Evans; “There are many resources—many channels God may use to provide care for your physical well-being—but you have only one source. And God never runs dry.

Sheep— summertime is fly time

Nose or nasal flies are the worse  
Can injure, blind or kill

Apply oil repeatedly during the summer

Believers—petty irritations

Oil—Holy Spirit  
Must be Spirit led

Sheep also scab—mostly head area  
Spreads easily  
Oil applied to keep from spreading

Believers—contaminated minds  
Through others  
Media  
Phil. 4:8

Solution—mind of Christ—Bible—Spirit

Sheep-mating season—butt heads  
Wounds from the pastures  
Ointment, oil again to heal

Christians—disappointments of the heart  
Our Shepherd applies the ointment of His presence.  
Ps. 100:3  
Holy Spirit—with us John 14:17b  
Comforter, Counselor—John 14:16  
Walk in the Spirit—Gal. 5:16  
Led by the Spirit—Gal. 5:18  
Graces of Spirit—Rom. 14:17

“for the kingdom of God is not eating and drinking, but righteousness and peace and joy in the Holy Spirit.”

Empowered by the Spirit—Acts 4:31

Our Shepherd—cares, tends, mends, comforts, mercy

Tend—biblical and shepherding term

To stretch—stretching out hand to do something

Gen. 2:15—1<sup>st</sup> seen in Bible—Adam & Eve to tend and keep

Gen. 30—Jacob--tends sheep

Gen. 37—Joseph –family business/Gen.46:32-33

Ex. 3—Moses—tending sheep

Various in N.T.

Paul told church leaders: “Keep watch over yourselves and over the whole flock of which the Holy Spirit has appointed you overseers, in which you tend the church of God that He acquired with His own blood” (Acts 20:28).

Jesus—our shepherd—tends, cares, comforts, heals

Ps. 147:3--He heals the brokenhearted.

1Pet. 5:7; “casting all your care upon Him, for He cares for you.”

Luke 18:7 –cry out to Him

All the sheep knows is that something happens in the presence of the shepherd.

Jesus prays for us in John 17

Robert McCheyne “If I could hear Christ praying for me in the next room, I would not fear a million enemies, Yet distance makes no difference, He is praying for me.”

“My cup overflows”

James 4:2—covet, quarrel, fight

Prov. 6:34—jealousy enrages

Prov. 14:30—jealousy rot the bones

David—our hearts are not large enough to contain the blessings God wants to give.

He gives abounding grace—Rom. 5:20; “God’s law was given so that all people could see how sinful they were. But as people sinned more and more, God’s wonderful grace became more abundant.” NLT

abound—surplus

abundance—extravagant portion

Paul from murderer to apostle

1Tim. 1:14; “The grace of our Lord was poured out on me abundantly, along with the faith and love that are in Christ Jesus.” NIV

Isa. 55:7; “...Let him return to the Lord, and He will have mercy on him; and to our God, for He will abundantly pardon.” NKJV

He gives overflowing hope—Rom. 15:13

He gives healing, reunion, light of Scripture

Overflowing cup—full-welcome

Empty—time to go home

Over the rim—enjoying your company

Our hearts should overflow with gratitude!!

Max Lucado; “One thing is certain. When the final storm comes and you are safe in your Father’s house, you won’t regret what He didn’t give. You’ll be stunned at what He did.”

Oil and wine—joy and prosperity

Oil soothes skin, especially face

Wine clears throat

David wrote of these in Ps.31:16;104:15.

“if we will allow God to lead us where He will, we will find that a table has been prepared for us, our heads have been anointed with purest oil, and our cups have been filled to overflowing with the wine of true joy.” James Boice

Isaiah 61:1-3

v.1 Servant/Messiah brings the blessing

Spirit of the Lord resting on—signifies supernatural wisdom & capacity

Gen. 41:38; Ex. 31:3; Num. 11:17,29

Isaiah—Spirit associated with power to bring justice & righteousness

11:2; 32:15-16; 42:1

Messiah marked by counsel-- 11:2; 40:13-14

Marked by power—11:4; 42:4; 49:5; 50:9

Messiah as servant, He does servant work

Work?? To preach good news

Servant/Messiah Himself brings the good news, He has done what no one could do, 53:4-5, 10-12; 59:15b-21; 63:1-6 He is the good news!!!

To the poor—distressed, trouble, sin Ps. 25:16-21

Matt. 9:12-13; Mark 2:17; Luke 5:31-32

Who are the poor? Broken, bound, heaviness of despair

habas—Hebrew word—Isa.1:6—unbandaged, oozing wound—result of sin

to announce liberty & release

Messiah reign of justice & righteousness 11:3-5; 1:27

v.2 Messiah announces liberty because He is God's designee

year of favor, day of vengeance—period of time—34:8; 63:4

those who mourn will hear comfort

mourning—fear unpardonable sin 40:1-2; 49:13

accepted in spite of in sin—How???? Holy God???

work of the servant—52:13-53:12

sin and death defeated---mourning will end

v.3 Same—mourners comforted

Messiah promises best for worst

Mourner with ashes, sackcloth—spirit crushed

Replaced by beautiful headdress , garment of praise

Result—will be oaks of righteousness—60:21;61:1-3a—means of promise

What does that mean??

Tree—stability, permanence, abundance—Ps. 1:3

Righteous oak—back to Isa. 29-31

Sin and rebellion—glorify human over God

Oaks—wither and die, seared leaves

Contrast—sin, self-exaltation—devouring fire

Self-denial—given eternal fruitful righteousness

Isa.1:27;61:10,11; 62:1,2—righteous living

Paradox—make ourselves mighty—burn

Admit we are helpless—God gives beauty

“We are made to be mirrors, when His beauty is reflected in us, we become beautiful.”

Dr. Robert C. McQuilkin “Our Shepherd gives joy unspeakable and full of glory, and the fullness of power for service...Abundant supply of every need...life more abundantly.”

We don't meet next week—Go vote!

Next lesson on Nov. 15, lesson 8, The God Who Blesses Us