

EQUIPPED TO COUNSEL 201
MODULE 6: COUNSELING METHODS
LESSON 23: Specific Methods: Counsel for the Moment

Module 6 – General Methods and Specific Methods & Conditions
General Methods diagram Love/Discern/Identify/Exhort (diagram p230)

People, situations, perceptions, histories, cultures, perspectives are very different we must LOVE & DISCERN

- Listening well, showing patience and discernment, get to know them well (hearts & burdens)

I Thess 5:14 ***We urge you, brethren, admonish the unruly, encourage the fainthearted, help the weak, be patient with everyone.***

1 Timothy 5:1-2 ***Do not sharply rebuke an older man, but [rather] appeal to [him] as a father, [to] the younger men as brothers, the older women as mothers, [and] the younger women as sisters, in all purity.***

A. ADMONISH OR WARN

1. When do you not start w/ encouragement (Saint)? Dangerous cliff example.
2. Noutheteo – to warn, admonish, counsel from the present course
 - Pertaining to all believers (admonish) (Acts 20:31, I Cor 4:14, Col 1:28,3:16)
 - Especially pertaining to unruly believers (I Thess 5:14, 2 Thess 3:15)
3. Zahar – to warn, to shine or be bright (2 Chron 19:10, Eze 3:18-21, 33:7-9)

B. TEACH – imparting truth & knowledge to help know God, discern good from evil, & live wisely

1. Didasko – to teach, instruct (Matt 28:20, I Cor 4:17, I Tim 4:11, 6:2, 2 Tim 2:2)
2. Didaktikos – instructive, apt to teach (I Tim 3:2-3, 2 Tim 2:24-26)
3. Matheteuo – to become a pupil or make one a pupil, to disciple or be disciplined (Matt 28:19)
4. Yara – to point out, teach, instruct (I Kings 8:35-36, Deut 33:10, Eze 44:23)
5. Lamad – to teach diligently (Deut 11:18-21, Ezra 7:10, Psalm 119:64-68)
6. Shanan – to teach diligently, to prick, to point or pierce, sharpness (Deut 6:6-7)

C. EXHORT – urging or spurring on to practice what they know or have been taught

1. 2 Timothy & 2 Peter – stir up God's truth in their hearts so that it can be more fully believed & acted on
2. Parakaleo – to exhort, call near, beseech, urge, invite, comfort
 - Urge - Rom 12:1a, 2 Cor 9:5
 - Exhort – 2 Tim 4:1-2
 - Encourage – Heb 3:13
3. Deomai – to petition, beseech, ask, beg (2 Cor 10:2, Gal 4:12)
4. Na (Hebrew particle) – to beseech, plead with (1 Sam 25:24-28, Jer 38:20)

D. BEAR PATIENTLY – sharing other people's loads over time, enduring w/ them under difficult circumstances

1. Bastazo – bear, carry, take up (Rom 15:1, Gal 6:1-5)
2. Makrothumeo – to have patience, to forbear, to remain tranquil while waiting (Matt 18:26,29, I Cor 13:4, I Thess 5:14, 2 Pet 3:9, Heb 6:15)

E. ENCOURAGE – help someone overcome obstacles creating fear or doubt in their hearts

1. Chazaq – to fasten upon, strengthen, encourage (Deut 1:38, 3:28, 2 Chron 35:2)
2. Parakaleo – same as C2 (Heb 10:24-25)

F. COMFORT – willingness to sit with, comfort, console (ex Job's friends)

1. Nacham – to comfort, console w/ presence more than words (2 Sam 10:2a, 1 Chron 7:22, Psalm 23:4, 119:50)
2. Paramutheomai – to encourage, console, comfort w/ words (1 Cor 14:3, 1 Thess 2:11-12, 1 Thess 5:14, Phil 2:1-2)
3. Parakaleo – to encourage or comfort (2 Cor 1:4b)

RESOURCES

- I Cor 10:31 Lies vs Truth

Referenced Verses (using NASB 95)

A. ADMONISH OR WARN

1. **Noutheteo** – to warn, admonish, counsel from the present course
(1Th 5:14) We urge you, brethren, admonish the unruly, encourage the fainthearted, help the weak, be patient with everyone.

(Act 20:31) "Therefore be on the alert, remembering that night and day for a period of three years I did not cease to admonish each one with tears.

(1Co 4:14) I do not write these things to shame you, but to admonish you as my beloved children.

(Col 1:28) We proclaim Him, admonishing every man and teaching every man with all wisdom, so that we may present every man complete in Christ.

(Col 3:16) Let the word of Christ richly dwell within you, with all wisdom teaching and admonishing one another with psalms [and] hymns [and] spiritual songs, singing with thankfulness in your hearts to God.

(2Th 3:15) [Yet] do not regard him as an enemy, but admonish him as a brother.

2. **Zahar – to warn (to shine, to be bright)**

(Psalm 19:11) Moreover, by them Your servant is warned; In keeping them there is great reward.

(2Ch 19:10) "Whenever any dispute comes to you from your brethren who live in their cities, between blood and blood, between law and commandment, statutes and ordinances, you shall warn them so that they may not be guilty before the LORD, and wrath may [not] come on you and your brethren. Thus you shall do and you will not be guilty.

(Eze 3:18-21) "When I say to the wicked, 'You will surely die,' and you do not warn him or speak out to warn the wicked from his wicked way that he may live, that wicked man shall die in his iniquity, but his blood I will require at your hand. "Yet if you have warned the wicked and he does not turn from his wickedness or from his wicked way, he shall die in his iniquity; but you have delivered yourself. "Again, when a righteous man turns away from his righteousness and commits iniquity, and I place an obstacle before him, he will die; since you have not warned him, he shall die in his sin, and his righteous deeds which he has done shall not be remembered; but his blood I will require at your hand. "However, if you have warned the righteous man that the righteous should not sin and he does not sin, he shall surely live because he took warning; and you have delivered yourself."

(Eze 33:7-9) "Now as for you, son of man, I have appointed you a watchman for the house of Israel; so you will hear a message from My mouth and give them warning from Me. "When I say to the wicked, 'O wicked man, you will surely die,' and you do not speak to warn the wicked from his way, that wicked man shall die in his iniquity, but his blood I will require from your hand. "But if you on your part warn a wicked man to turn from his way and he does not turn from his way, he will die in his iniquity, but you have delivered your life.

B. TEACH

1. **Didasko** – to teach, instruct
(Mat 28:20) teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age."

(1Co 4:17) For this reason I have sent to you Timothy, who is my beloved and faithful child in the Lord, and he will remind you of my ways which are in Christ, just as I teach everywhere in every church.

(1Ti 4:11) Prescribe and teach these things.

(1Ti 6:2) Those who have believers as their masters must not be disrespectful to them because they are brethren, but must serve them all the more, because those who partake of the benefit are believers and beloved. Teach and preach these [principles.]

(2Ti 2:2) The things which you have heard from me in the presence of many witnesses, entrust these to faithful men who will be able to teach others also.

2. **Didaktikos** – instructive, apt to teach

(1Ti 3:2-3) An overseer, then, must be above reproach, the husband of one wife, temperate, prudent, respectable, hospitable, able to teach, not addicted to wine or pugnacious, but gentle, peaceable, free from the love of money.

(2Ti 2:24-26) The Lord's bond-servant must not be quarrelsome, but be kind to all, able to teach, patient when wronged, with gentleness correcting those who are in opposition, if perhaps God may grant them repentance leading to the knowledge of the truth, and they may come to their senses [and escape] from the snare of the devil, having been held captive by him to do his will.

3. **Matheteuo** – to become a pupil or make one a pupil, to disciple or be disciplined

(Mat 28:19) "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit,

4. **Yara** – to point out, teach, instruct

(1Ki 8:35-36) "When the heavens are shut up and there is no rain, because they have sinned against You, and they pray toward this place and confess Your name and turn from their sin when You afflict them, then hear in heaven and forgive the sin of Your servants and of Your people Israel, indeed, teach them the good way in which they should walk. And send rain on Your land, which You have given Your people for an inheritance.

(Deu 33:10) "They shall teach Your ordinances to Jacob, And Your law to Israel. They shall put incense before You, And whole burnt offerings on Your altar.

(Eze 44:23) "Moreover, they shall teach My people [the] [difference] between the holy and the profane, and cause them to discern between the unclean and the clean.

5. **Lamad** – to teach diligently

(Deu 11:18-21) "You shall therefore impress these words of mine on your heart and on your soul; and you shall bind them as a sign on your hand, and they shall be as frontals on your forehead. "You shall teach them to your sons, talking of them when you sit in your house and when you walk along the road and when you lie down and when you rise up. "You shall write them on the doorposts of your house and on your gates, so that your days and the days of your sons may be multiplied on the land which the LORD swore to your fathers to give them, as long as the heavens [remain] above the earth.

(Ezr 7:10) For Ezra had set his heart to study the law of the LORD and to practice [it,] and to teach [His] statutes and ordinances in Israel.

(Psa 119:64-68) The earth is full of Your lovingkindness, O LORD; Teach me Your statutes. Teth. You have dealt well with Your servant, O LORD, according to Your word. Teach me good discernment and knowledge, For I believe in Your commandments. Before I was afflicted I went astray, But now I keep Your word. You are good and do good; Teach me Your statutes.

6. **Shanan**– to teach diligently, to prick, to point or pierce, sharpness

(Deu 6:6-7) "These words, which I am commanding you today, shall be on your heart. "You shall teach them diligently to your sons and shall talk of them when you sit in your house and when you walk by the way and when you lie down and when you rise up.

C. EXHORT

1. **Parakaleo** – to exhort, call near, beseech, urge, invite, comfort

(Rom 12:1) Therefore I urge you, brethren, by the mercies of God, to present your bodies a living and holy sacrifice, acceptable to God, [which is] your spiritual service of worship.

(2Co 9:5) So I thought it necessary to urge the brethren that they would go on ahead to you and arrange beforehand your previously promised bountiful gift, so that the same would be ready as a bountiful gift and not affected by covetousness.

(2Ti 4:1-2) I solemnly charge [you] in the presence of God and of Christ Jesus, who is to judge the living and the dead, and by His appearing and His kingdom: preach the word; be ready in season [and] out of season; reprove, rebuke, exhort, with great patience and instruction.

(Heb 3:13) But encourage one another day after day, as long as it is [still] called "Today," so that none of you will be hardened by the deceitfulness of sin.

2. **Deomai** – to petition, beseech, ask, beg

(2Co 10:2) I ask that when I am present I [need] not be bold with the confidence with which I propose to be courageous against some, who regard us as if we walked according to the flesh.

(Gal 4:12) I beg of you, brethren, become as I [am,] for I also [have become] as you [are.] You have done me no wrong;

3. **Na** (Hebrew particle) – to beseech, plead with

(1Sa 25:24-28) She fell at his feet and said, "On me alone, my lord, be the blame. And please let your maidservant speak to you, and listen to the words of your maidservant. "Please do not let my lord pay attention to this worthless man, Nabal, for as his name is, so is he. Nabal is his name and folly is with him; but I your maidservant did not see the young men of my lord whom you sent. "Now therefore, my lord, as the LORD lives, and as your soul lives, since the LORD has restrained you from shedding blood, and from avenging yourself by your own hand, now then let your enemies and those who seek evil against my lord, be as Nabal. "Now let this gift which your maidservant has brought to my lord be given to the young men who accompany my lord. "Please forgive the transgression of your maidservant; for the LORD will certainly make for my lord an enduring house, because my lord is fighting the battles of the LORD, and evil will not be found in you all your days.

(Jer 38:20) But Jeremiah said, "They will not give you over. Please obey the LORD in what I am saying to you, that it may go well with you and you may live.

D. BEAR PATIENTLY

1. **Bastazo** – bear, carry, take up

(Rom 15:1) Now we who are strong ought to bear the weaknesses of those without strength and not [just] please ourselves.

(Gal 6:1-5) Brethren, even if anyone is caught in any trespass, you who are spiritual, restore such a one in a spirit of gentleness; [each one] looking to yourself, so that you too will not be tempted. Bear one another's burdens, and thereby fulfill the law of Christ. For if anyone thinks he is something when he is nothing, he deceives himself. But each one must examine his own work, and then he will have [reason for] boasting in regard to himself alone, and not in regard to another. For each one will bear his own load.

2. **Makrothumeo** – to have patience, to forbear, to remain tranquil while waiting

(Mat 18:26, 29) "So the slave fell [to the ground] and prostrated himself before him, saying, 'Have patience with me and I will repay you everything.' ... "So his fellow slave fell [to the ground] and [began] to plead with him, saying, 'Have patience with me and I will repay you.'

(1Co 13:4) Love is patient, love is kind [and] is not jealous; love does not brag [and] is not arrogant,

(1Th 5:14) We urge you, brethren, admonish the unruly, encourage the fainthearted, help the weak, be patient with everyone.

(2Pe 3:9) The Lord is not slow about His promise, as some count slowness, but is patient toward you, not wishing for any to perish but for all to come to repentance.

(Heb 6:15) And so, having patiently waited, he obtained the promise.

E. ENCOURAGE

1. **Chazaq** – to fasten upon, strengthen, encourage

(Deu 1:38) 'Joshua the son of Nun, who stands before you, he shall enter there; encourage him, for he will cause Israel to inherit it.

(Deu 3:28) 'But charge Joshua and encourage him and strengthen him, for he shall go across at the head of this people, and he will give them as an inheritance the land which you will see.'

(2Ch 35:2) He set the priests in their offices and encouraged them in the service of the house of the LORD.

2. Parakaleo – same as C2

(Heb 10:24-25) and let us consider how to stimulate one another to love and good deeds, not forsaking our own assembling together, as is the habit of some, but encouraging [one another;] and all the more as you see the day drawing near.

F. COMFORT

1. Nacham – to comfort, console w/ presence more than words

(2Sa 10:2) Then David said, "I will show kindness to Hanun the son of Nahash, just as his father showed kindness to me." So David sent some of his servants to console him concerning his father. But when David's servants came to the land of the Ammonites,

(1Ch 7:22) Their father Ephraim mourned many days, and his relatives came to comfort him.

(Psa 23:4) Even though I walk through the valley of the shadow of death, I fear no evil, for You are with me; Your rod and Your staff, they comfort me.

(Psa 119:50) This is my comfort in my affliction, That Your word has revived me.

2. Paramutheomai – to encourage, console, comfort w/ words

(1Co 14:3) But one who prophesies speaks to men for edification and exhortation and consolation.

(1Th 2:11-12) just as you know how we [were] exhorting and encouraging and imploring each one of you as a father [would] his own children, so that you would walk in a manner worthy of the God who calls you into His own kingdom and glory.

(1Th 5:14) We urge you, brethren, admonish the unruly, encourage the fainthearted, help the weak, be patient with everyone.

(Phl 2:1-2) Therefore if there is any encouragement in Christ, if there is any consolation of love, if there is any fellowship of the Spirit, if any affection and compassion, make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose.

3. Parakaleo – to encourage or comfort

(2Co 1:4) who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God.