



PARENT *Summit*

ANGER: *CALMING THE HEART*

PRESENTED BY BRIAN WEIR

My Family



PARTNERING *with* **PARENTS**

WHO VOTED FOR ANGER?



WHO'S ANGRY?



CONGRATULATIONS!





WHAT IS ANGER?

WHAT *ELSE* DO WE CALL **ANGER**?

DISAPPOINTED

FRUSTRATED

UPSET



WHAT DOES JESUS SAY ABOUT **ANGER**?

MATTHEW 5:21-22

LET'S CALL IT WHAT IT IS...

ANGER = MURDER



THE SOURCE OF ANGER

WHAT MAKES YOU **ANGRY**?



WHY ARE YOU **ANGRY**?

PAST

PHYSICAL

PSYCHOLOGY



WHAT REALLY MAKES YOU **ANGRY**?

NOT
GETTING...

WHAT I WANT

WHEN I WANT IT

HOW I WANT IT



WHAT DOES THE BIBLE SAY IS
THE SOURCE OF OUR **ANGER**?

LUKE 6:43-45



IT'S A MATTER OF THE HEART

Jeremiah 17:9



The heart is deceitful
above all things,
and desperately sick;
who can understand it?

WHAT DOES YOUR HEART DESIRE?

APPRECIATION

COMFORT

CONTROL

RESPECT

SUCCESS



WHAT DO YOUR KIDS' HEARTS DESIRE?



ITS AS EASY AS ABC...



Authority – not being in charge

Boundaries – being told 'No'

Consequences – being caught

WHAT CAUSES YOUR CHILD TO BE **ANGRY**?

Lack of **Authority**

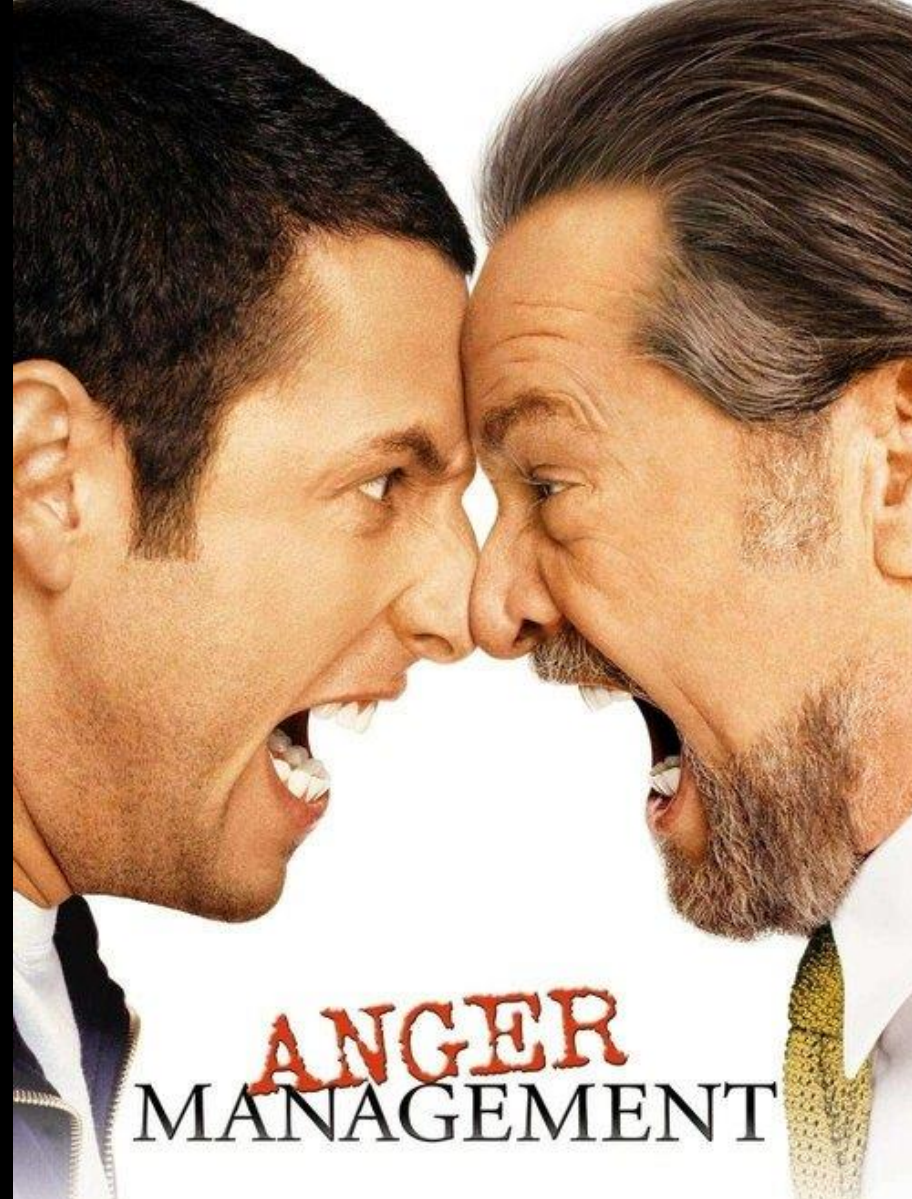
Lack of **Boundaries**

Lack of **Consequences**



WHAT DO **ANGRY** KIDS SAY?





WHAT'S THE ANSWER?

THEY *DON'T* NEED OUR HELP



EPHESIANS 6:4

Do not provoke your
child to **anger**.

THEY *DO* NEED OUR HELP



PROVERBS 15:1

A gentle answer turns
away wrath,
But a harsh word
stirs up **anger**

WHAT'S THE GOAL?

JAMES 1:19-20

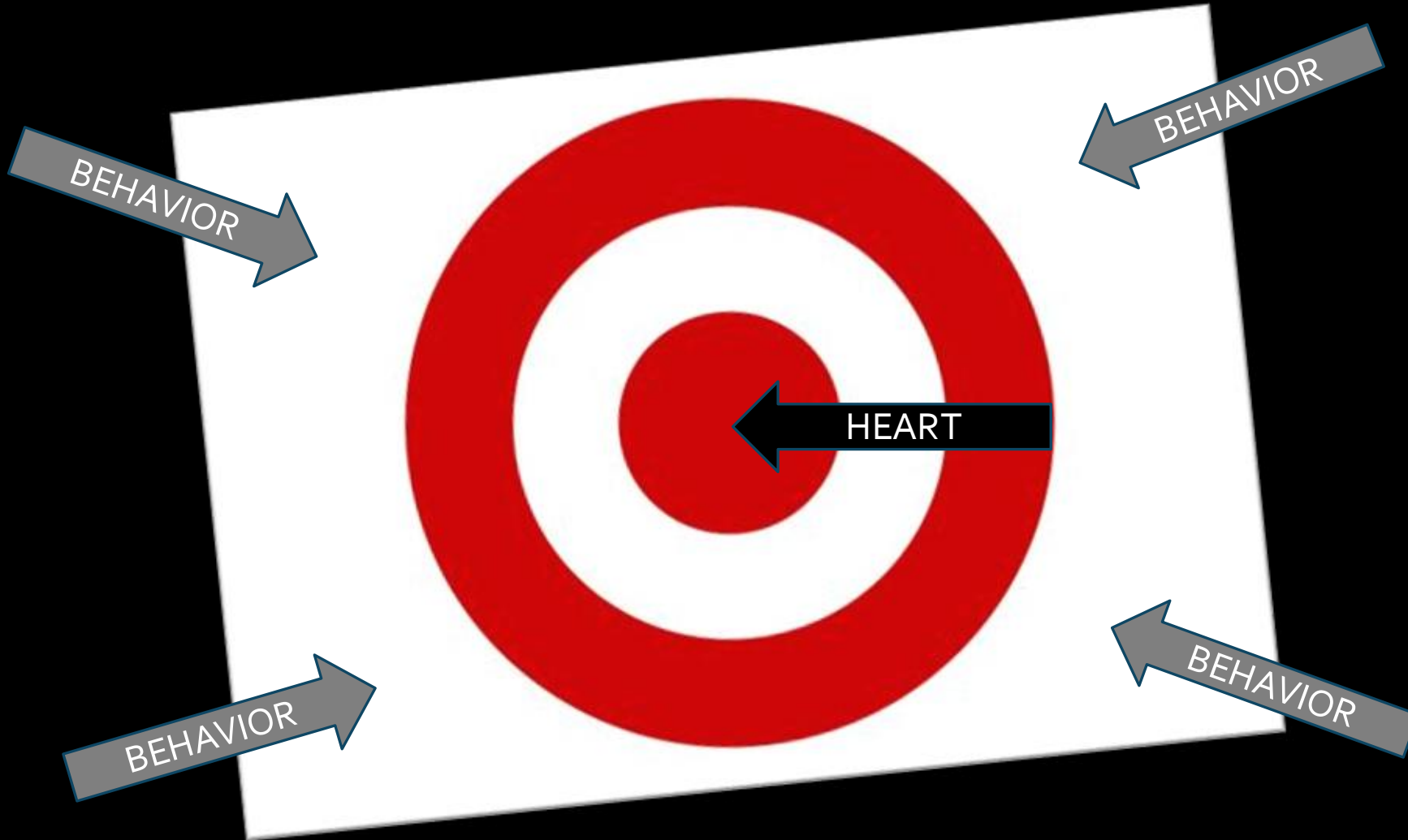
Quick to listen

Slow to speak

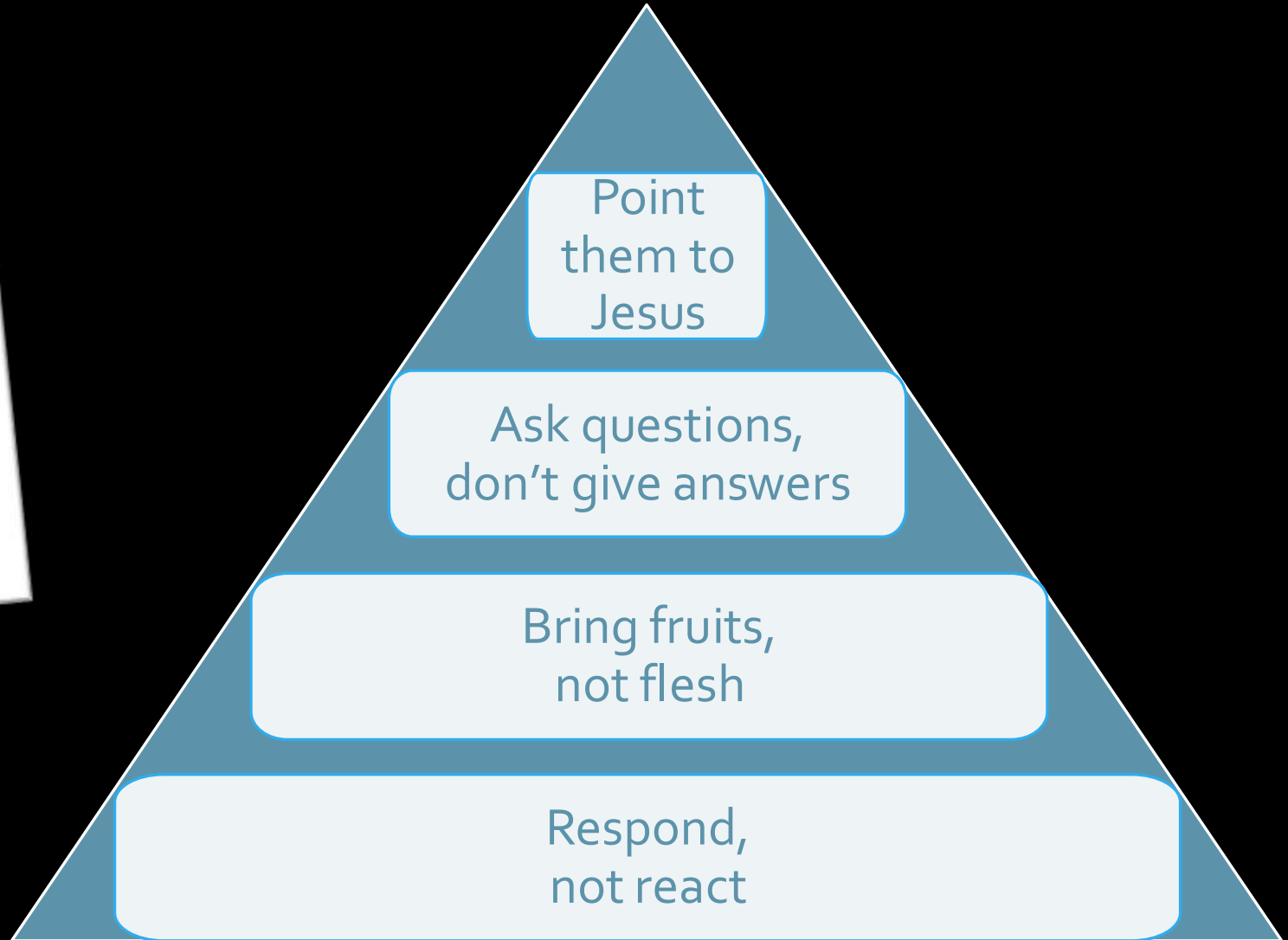
Slow to anger



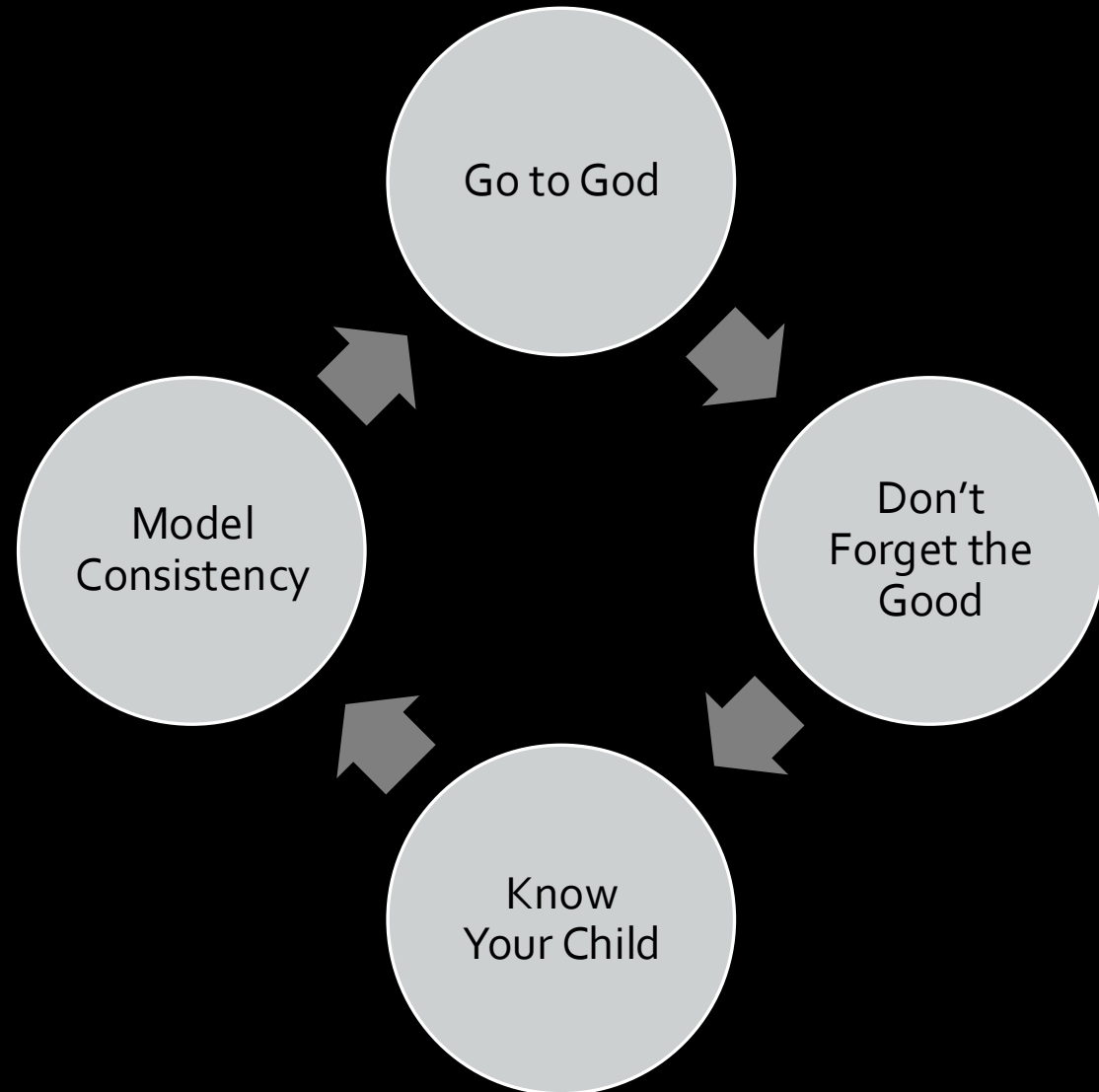
WHAT'S YOUR **TARGET**?



WHAT'S YOUR PLAN?



HOW DO I DO THAT?



WHAT ARE WE TO *PASS ON*?



Own it

Know
Why

Jesus



LIGHT
OF THE
World

WHO'S THE ANSWER?

CLUB 56 LESSON



STOP
LIGHT
AHEAD



GREEN
LIGHT



**YELLOW
LIGHT**





RED LIGHT





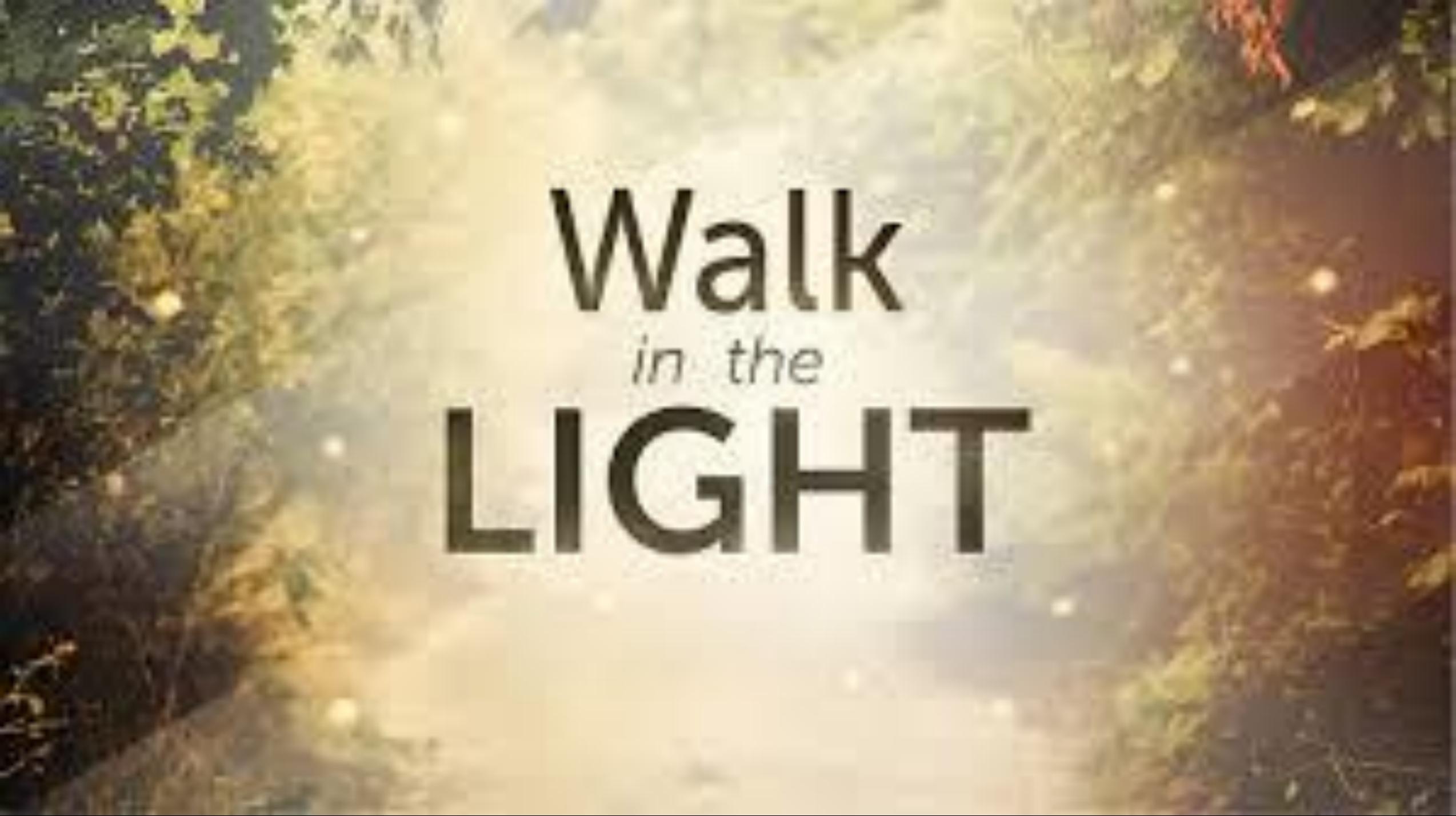
CONCLUSION:
STOP LIGHTS CAN
DETERMINE OUR
EMOTIONS

CHALLENGE:
INSTEAD OF
ALLOWING THE
COLOR OF THE LIGHT
TO DETERMINE OUR
EMOTIONS...

**BEFORE WE CAN BE THE
LIGHT, WE MUST...**



BE THE LIGHT

A photograph of a narrow dirt path in a forest. Sunlight filters through the trees, creating a bright, hazy atmosphere with visible light rays and dappled shadows on the path. The trees on either side have green and some autumn-colored leaves.

Walk
in the
LIGHT

PRAY

Search me, O God, and I know my heart!
Try me and know my thoughts!
And see if there be any grievous way in me,
and lead me in the way everlasting
Psalm 139:23-24

HOMework

READ THROUGH JAMES 4 WITH YOUR KIDS

RESOURCES

Angry Children

Anger: Calming the Heart

Uprooting Anger