

# The Family: God's Greenhouse

## Module 1 - Class 4

### Heart Work

This week in your devotional time, seek the Lord on your heart's motivations:

- Have you identified an area where your actions aren't honoring to the Lord?
- Pray for clarity from the Lord to work on your heart and pray for wisdom from your spouse and/or trusted brother or sister in Christ.
- Pray for God to reveal your heart.
- Ask your spouse or another trusted brother or sister for insight.
- For whatever the area of life is, pray through the following 4 questions:
  - **What is going on/what are the circumstances?**
  
  - **What am I doing in response to what is going on?**
  
  - **What do I think about what is going on?**
  
  - **What do I want out of what is going on?**

Pray especially for insight into an area where perhaps you have tolerated an ongoing way of thinking or acting that is out of step with the Spirit.

- Pray also especially for insight into where you might be striving in your flesh rather than trusting in the Spirit.
- 

Suggested Scripture memorization: Jeremiah 17:9

The heart is deceitful above all things,  
and desperately sick;  
who can understand it?

**The Family: God's Greenhouse**  
**Module 1 - Class 4**  
**Heart Work**

**Optional Small Group Heart Work or Deep Dive**

On the flesh and the Spirit...

Listen to [Galatians, Class 10, recorded May 2020](#)

In the class recording...

What are the 3 ways to live the Christian life that John outlines?

What are we "free for" and what are we "free from"?

How does clarifying this in our minds help with the renewing of our minds and our transformation?

What practical things can I take from this class to help me know more of walking by the Spirit?

**Deeper Dive - Optional**

**The Family: God's Greenhouse**  
**Module 1 - Class 4**  
**Heart Work**

For a fuller discussion of position and condition in Romans 6-8 check out the "May Sermon Extension" by Mark Carey,

[Session 1 - May 11, 2025](#) and

[Session 2 - May 18, 2025](#)

For a great introduction to the theology of 1 John and Salvation Truths vs. Discipleship Truths, listen to [this class](#) taught by Don Den Hartog from a class on 1 John.

## Module 1 - Class 4 Discussion Questions and Case Study

Reflect on the following brief descriptions of struggles. As a group, choose **two** of them and work to identify Scripture that could be helping the person appropriate biblical truth and correct unbiblical thinking.

1. Over the last year, a parent who is struggling with chronic worry and anxiety about children who are out of the house.
2. A parent whose children have left home and who is drifting, feeling a loss of purpose and a weight of discouragement.
3. Someone who has angry outbursts.
4. Someone who is overcome with concern and worry for a loved one who is walking away from the Lord.

## Module 1 - Class 4 Discussion Questions and Case Study

Eustace version 3:

Eustace and his wife June are both 42 and has 4 children between the ages of 8 and 17.. He has a busy and demanding job but tries to make himself as available as he can when he's home. He's committed to his marriage, his family and to the Lord. At home, however, he often has outbursts of anger. These can be triggered by various things, but he will raise his voice to his wife and his kids. He usually seeks out his wife and kids later to apologize. Recently, most of his anger is directed toward his 17 year-old son, Timmy, who is making some very poor choices. Timmy has sneaked out to hang out with some troublemaking friends a couple of times in the last month and both Eustace and his wife June are increasingly worried about Timmy. Timmy doesn't seem to have any motivation, he is increasingly disengaged from school and schoolwork. He spends an enormous amount of time online playing video games with his online friends. When Eustace and June try to engage him in discussions about the future, things quickly escalate on Eustace's part and the conversation turns into shouting and screaming on both sides.

At the end of your conversation, Eustace seems exasperated and says, "Look, I just need some help getting Timmy under control. I'm here because things are a mess at home and June is on my case all the time. Work is going nuts and there's just a lot of stress right now. I'm doing okay, but I need some help with Timmy. How can you help me get him to change?"

What are the problems in Eustace's thinking? Specifically, what clues about his thinking do you see?

What specific biblical truths could help bring abundant life to Eustace's life?

What specific steps would you suggest for Eustace?