

DAVID – Developing a Heart for God

Lessons 1 & 2: The Lord Looks at the Heart and The Battle is the Lord's
Women in the Word Scripture Reference Notes – September 22, 2026

Human Sight vs. Divine Sight

- Outward Appearance: Humans naturally judge based on physical looks, status, age, or perceived abilities.
- Confirmation Bias: Our brains filter facts to match what we already believe to be true. This helps us process information more quickly but can have drawbacks when there are facts we don't know.
- God's Vision: God is never deceived by outward appearances. He looks directly at the heart and knows us inside out.

God is the Hero of the Story

- This story is not about you "slaying your giants."
- Seeing the Gospel in the Story: David's victory points to Jesus Christ, who came to conquer sin and death, which we were completely helpless to conquer on our own.

What Does a "Heart After God" Look Like?

- It is not about sinless perfection, but about an intense longing for God's presence.
- Adoring God and craving His presence daily.
- We will fall short, but we can seek reconciliation immediately.

Finding Purpose in Weakness and Hardships

- Romans 5:3-4
- Difficulties, illnesses, and relationship struggles are not proof of weak faith or God's abandonment. God uses trials to refine our character and deepen our faith.
- God consistently chooses the weak to display His mighty power through the Holy Spirit.

Reflection Questions

- Where in your life are you currently tempted to judge yourself or others based on outward appearance or status rather than the heart?
- How does recognizing God as the true hero of 1 Samuel 17 relieve the burden of having to be "strong enough" on your own?
- What does it mean to crave God's presence in your daily life, even when you make mistakes?
- How can viewing hardships through the lens of Romans 5:3-4 change your attitude toward current struggles?

Going Forward

- Action: This week, when facing a difficult situation or person, stop and ask: "Where is God in this moment and what is He revealing about Himself?"
- Prayer: Lord, thank You that You do not look at my outward appearance or performance, but You see my heart. Help me to stop relying on my own strength to fight life's battles. Teach me to long for your presence daily and trust in the complete victory of Jesus Christ. Amen.

*Next Week – September 29
Lesson 3 – True Friendship*