

# WOMEN IN THE WORD

of  
FELLOWSHIP BIBLE CHURCH

“INTIMACY WITH GOD” by Cynthia Heald  
PART TWO – God’s Desire for Us: Lesson 4 – God is Trustworthy

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## What does Trustworthy mean?

Deserving of trust or confidence; dependable; reliable

## “Trust” in Scripture:

9 different words in the Hebrew text (Old Testament)

6 different words in the Greek text (New Testament)

## “The Faithful God” – Deuteronomy 7:9 (AMP)

“Therefore know [without any doubt] and understand that the LORD your God, He is God, the faithful God, who is keeping His covenant and His [steadfast] lovingkindness to a thousand generations with those who love Him and keep His commandments;”

**Hebrew:** Yehovah Elohim Elohim aman el

## God demonstrates Himself in Scripture to be faithful:

1. **Joshua 21: 44-45 (NASB)** – <sup>44</sup> “And the LORD gave them rest on every side, according to all that He had sworn to their fathers, and no one of all their enemies stood before them; the LORD gave all their enemies into their hand. <sup>45</sup> Not one of the good promises which the LORD had made to the house of Israel failed; all came to pass.”
2. **Ruth 2: 11-12 (NASB)** – <sup>11</sup> “Boaz replied to Ruth, “All that you have done for your mother-in-law after the death of your husband has been fully reported to me, and how you left your father and your mother and the land of your birth, and came to a people that you did not previously know. <sup>12</sup> May the LORD reward your work, and your wages be full from the LORD, the God of Israel, under whose wings you have come to seek refuge.”
3. **II Samuel 22: 1-3, 31 (NASB)** – <sup>1</sup> “And David spoke the words of this song to the Lord in the day that the Lord delivered him from the hand of all his enemies and from the hand of Saul. <sup>2</sup> He said, “The LORD is my Rock and my fortress and my deliverer; <sup>3</sup> My God, my rock, in whom I take refuge; My savior, You save me from violence. ... <sup>31</sup> As for God, His

way is blameless; The word of the LORD is tested, He is a shield to all who take refuge in Him.

4. **II Kings 18-19 and Isaiah 36-37** (parallel passages) – King Hezekiah of Judah

- II Kings 18:5-7a (AMP) – <sup>5</sup> “Hezekiah trusted in and relied confidently on the LORD, the God of Israel; so that after him there was no one like him among all the kings of Judah, nor among those who were before him. <sup>6</sup> For he clung to the LORD; he did not turn away from [faithfully] following Him, but he kept His commandments, which the LORD had commanded Moses. <sup>7</sup> And the LORD was with Hezekiah; he was successful wherever he went.”

**Mark 4:35-41** – Jesus Stills the Sea

- <sup>35</sup> On that day, when evening came, He said to them, “Let us go over to the other side.” <sup>36</sup> Leaving the crowd, He took Him along with them in the boat, just as He was; and other boats were with Him. <sup>37</sup> And there arose a fierce gale of wind, and the waves were breaking over the boat so much that the boat was already filling up. <sup>38</sup> Jesus Himself was in the stern, asleep on the cushion...

**References to Trusting God in the Psalms**

- **Psalms 5:11-12** – <sup>11</sup> (AMP) But let all who take refuge and put their trust in You rejoice, let them ever sing for joy; Because you cover and shelter them, let those who love your name be joyful and exult in You. <sup>12</sup> For You, O LORD, bless the righteous man [the one who is in right standing with You]; You surround him with favor as with a shield.
- **Psalms 7:1**– (NASB) O LORD, my God, in You I have taken refuge; save me from all those who pursue me, and deliver me.
- **Psalms 9:10** – (NASB) And those who know Your name will put their trust in You, for You, O LORD, have not forsaken those who seek You.
- **Psalms 16:1** – (AMP) Keep and protect me, O God, for in You I have placed my trust and found refuge.
- **Psalms 18: 1-2** – (NASB) <sup>1</sup> I love You, O LORD, my strength. <sup>2</sup> The LORD is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge; my shield and the horn of my salvation, my stronghold.

- **Psalm 18:30-31** – (NASB) <sup>30</sup> As for God, His way is blameless; the word of the LORD is tried; He is a shield to all who take refuge in Him. <sup>31</sup> For who is God, but the LORD? And who is a rock, except our God,
- **Psalm 25:2** – (AMP) O my God, in You I [have unwavering] trust [and I rely on You with steadfast confidence], do not let me be ashamed or my hope in You be disappointed; do not let my enemies triumph over me.
- **Psalm 37:3-5** – (AMP) <sup>3</sup> Trust [rely on and have confidence] in the LORD and do good; dwell in the land and feed [securely] on His faithfulness. <sup>4</sup> Delight yourself in the LORD, and He will give you the desires and petitions of your heart. <sup>5</sup> Commit your way to the LORD; trust in Him and He will do it.
- **Psalm 37:39-40** – (NASB) <sup>39</sup> But the salvation of the righteous is from the LORD; He is their strength in time of trouble. <sup>40</sup> The LORD helps them and delivers them; He delivers them from the wicked and saves them, because they take refuge in Him.
- **Psalm 71:1-6** – (AMP) <sup>1</sup> In You, O LORD, I have put my trust and confidently taken refuge; let me never be put to shame. <sup>2</sup> In Your righteousness deliver me and rescue me; incline Your ear to me and save me. <sup>3</sup> Be to me a rock of refuge and a sheltering stronghold to which I may continually come; You have given the commandment to save me, for You are my rock and my fortress. <sup>4</sup> Rescue me, O my God, from the hand of the wicked (godless), from the grasp of the unrighteous and ruthless man. <sup>5</sup> For You are my hope; O LORD God, You are my trust and the source of my confidence from my youth. <sup>6</sup> Upon You have I relied and been sustained from my birth; You are He who took me from my mother’s womb and You have been my benefactor from that day. My praise is continually of You.
- **Psalm 91:1-4** – <sup>1</sup> He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. <sup>2</sup> I will say to the LORD, “My refuge and my fortress, my God in whom I trust!” <sup>3</sup> For it is He who delivers you from the snare of the trapper and from the deadly pestilence. <sup>4</sup> He will cover you with His pinions (feathers) and under His wings you may seek refuge; His faithfulness is a shield and a bulwark.
- **Psalm 119:90** – Your faithfulness continues through all generations; You establish the earth, and it stands.
- **Psalm 125:1** – Those who trust in the LORD are as Mount Zion, which cannot be moved but abides forever.
- **Psalm 143:8** – Let me hear Your lovingkindness in the morning; for I trust in You; teach me the way I should walk; for to You I lift up my soul.

## Psalm 31

### Section 1: (v. 1-8), Trust and Trial

- v.1 – In You, O LORD, I have taken refuge (put my trust);  
Let me never be ashamed;  
In Your righteousness deliver me.
- v.2 – Incline Your ear to me, rescue me quickly;  
Be to me a rock of strength,  
A stronghold to save me.
- v.8 – And You have not given me over into the hand of the enemy;  
You have set my feet in a large place (broad, spacious).

### Section 2: (v. 9-18), Trial is Overcome by Trust

- v.9 – Be gracious to me, O LORD, for I am in distress;  
My eye is wasted away from grief, my soul and my body also.
- v.10 – For my life is spent with sorrow  
And my years with sighing;  
My strength has failed because of my iniquities  
And my body has wasted away.
- v.17 – Let me not be put to shame, O LORD, for I call upon You;  
Let the wicked be put to shame, let them be silent in Sheol.
- v.18 – Let the lying lips be silent (mute)  
Which speak arrogantly against the righteous with pride and contempt.

### Section 3: (v. 19-24), Triumph from Trusting in the LORD

- v.19 – How great is Your goodness,  
Which You have stored up for those who fear You,  
Which You have wrought (prepared) for those who take refuge in You,  
Before the sons of men!
- v.20 – You hide them in the secret place of Your presence from the conspiracies of man;  
You keep them secretly in a shelter from the strife of tongues.
- v.21 – Blessed by the LORD,  
For He has made marvelous His lovingkindness to me in a besieged city.
- v.22 – As for me, I said in my alarm,  
“I am cut off from before Your eyes”;  
Nevertheless You heard the voice of my supplications  
When I cried to You.
- v.23 – O love the LORD, all you His godly ones!  
The LORD preserves the faithful  
And fully recompenses (repays) the proud doer (arrogant).

v.24 – Be strong and let your heart take courage,  
All you who hope in the LORD.

## **Psalm 40**

### Section 1: (v. 1-10), Thanksgiving

v.1 – I waited patiently for the LORD,  
And He inclined to me and heard my cry. [He stretched out and bent down to listen closely]

v.3 – He put a new song in my mouth, a song of praise to our God;  
Many will see and fear (with great reverence)  
And will trust in the LORD.

v.4 – How blessed is the man who has made the LORD his trust,  
And has not turned to the proud, nor to those who lapse into falsehood.

### Section 2: (v. 11-17), Petition; Urgent Prayer

v.11 – You, O LORD, will not withhold Your compassion from me;  
Your lovingkindness and Your truth will continually preserve me.

v.16 – Let all who seek You rejoice and be glad in You;  
Let those who love Your salvation say continually, “The LORD be magnified!”

## **Psalm 55**

### Section 1: (v. 1-8), Terrifying Oppression

v.1 – Give ear to my prayer, O God;  
And do not hide Yourself from my supplication.

v.2 – Give heed to me and answer me;  
I am restless in my complaint and am surely distracted,

v.5 – Fear and trembling come upon me,  
And horror has overwhelmed me.

### Section 2: (v. 9-15), Painful Betrayal

v.12 – For it is not an enemy who reproaches me,  
Then I could bear it;  
Nor is it one who hates me who has exalted himself against me,  
Then I could hide myself from him.

v.13 – But it is you, a man my equal,  
My companion and my familiar friend;

v.14 – We who had sweet fellowship together  
Walked in the house of God in the throng.

Section 3: (v. 16-23), Personal Confidence

v.16 – As for me, I shall call upon God,  
And the LORD will save me.

v.22 – Cast your burden upon the LORD and He will sustain you;  
He will never allow the righteous to be shaken.

**Psalm 56**

Section 1: (v. 1-7), Enemies Conspired against David

v.1 – Be gracious to me, O God, for man has trampled upon me,  
Fighting all day long he oppresses me.

v.2 – My foes have trampled upon me all day long,  
For they are many who fight proudly against me.

v.3 – When I am afraid,  
I will put my trust in You.

v.4 – In God, whose word I praise,  
In God, I have put my trust;  
I shall not be afraid.  
What can mere man do to me?

Section 2: (v. 8-13), But God was for David

v.8 – You have taken account of my wanderings;  
Put my tears in Your bottle.  
Are they not in Your book?

v.9 – Then my enemies will turn back in the day when I call;  
This I know, that God is for me.

v.11 – In God I have put my trust, I shall not be afraid.  
What can man do to me?

**GOD IS TRUSTWORTHY!**