

Biblical Counseling 301
Class Ten – August 12, 2018

Directions on Using Booklets for Homework

1. Familiarize yourself with booklets in the church foyer and in the church counseling office, as well as any you run across.
2. Assign booklets well-targeted for what you think they need to learn, being sure you have read the booklet yourself (**your copy is always free**).
3. I appreciate it if you tell them the price on the front is what the church pays and ask them, if they are able, to put the price in cash or check in the little box in the church foyer near the booklet rack. If they can't, we will cover the cost. I don't want you to be involved in direct collections (taking their money), but I do appreciate you telling them what I just said.
4. As part of their homework, have them read it through twice, underlining or highlighting sentences that stand out.
5. Have them number in order of priority the top five statements that meant something to them and have them be prepared to tell you why in the next session.
6. Be sure not to assign it without allowing time to go over it in the next session.
7. Understand the method to our madness: They read it once. They read it twice. When they underline, they are reading a third time. When they decide which sentences stand out in order to number them, they are reading a fourth time. When they explain why, they are reading a fifth time those "most important statements," which increases the likelihood of them retaining it.
8. Be sure to balance the booklet assignment (usually takes an hour) with Bible reading and memorization and anything else you choose to assign.

Directions on Using Counseling Office for Reservations and For Supervision

1. When you plan to counsel someone at church, please always, always schedule with Sherri Libby. She will need to know the date requested, number of people attending as well as the beginning and ending times of your counseling session. An email will be sent letting you know which room was reserved for you. Rooms are often already reserved by other ministries and we don't want anyone using them and blocking those who had a reservation.
2. If you have an access card to the building/or need one, please contact Sherri.
3. Everyone who gives counsel gets lost at times, and comes to places where they do not know what to do. It is really normal. (See *Instruments in the Redeemer's Hands*, pp. 183-184)
4. The first thing to do is to go to the Lord and pray for His direction and to search in the scriptures.
5. The second thing you may want to do is to "grab a lifeline" like the "*Who Wants to be a Millionaire*" show by calling the Counseling Office or an experienced counselor.
6. This is one of the most important job components for Pastor of Biblical Counseling. You are on the front lines doing ministry, and I am a supply and resource officer behind you, sending you support on an as needed basis. Several of our more experienced counselors feel the same way.
7. In our office, we have hundreds of CD's and printed materials which may help your counselee.
8. Another form of supervision we ask you to honor is to turn in a one page "Counseling Initiation Form" when you start counseling and a "Counseling Summary Form" when you finish counseling. Sherri Libby has the template for these simple, matter-of-fact reports.