

Walking Worthy in the Home, Family, and Work – November 23, 2025

Ephesians 5:21–6:9.

1. What does mutual submission look like in the home and workplace according to Ephesians 5:21–6:9?
2. What does Galatians 3:26 – 28 teach us about our individual standing before God?
3. What is the biblical purpose of marriage beyond personal happiness?
4. How does Paul's teaching on marriage challenge cultural norms—both in his time and ours?
5. What is the difference between biblical submission and cultural misconceptions of male domination?
6. What does biblical love in marriage look like according to Ephesians 5:25–31?

Case Study: The _____ Family and Their Workplace

Background:

Mark and Sarah have been married for 12 years. They are active members of their local church and have two children, ages 8 and 12. Mark works as a team leader in a tech company, while Sarah manages a small business from home. Both are committed Christians who want their faith to shape their family and work life.

Situation:

Recently, Mark has been under pressure at work. His boss demands long hours, and Mark feels torn between meeting expectations and spending time with his family. At home, Sarah has grown frustrated because Mark often comes home late and seems distracted. She feels like she's carrying most of the parenting load. And she is beginning to feel that Mark loves his job more than her. Meanwhile, their oldest child has started pushing back against household rules, saying, "Dad doesn't follow rules at home, so why should I?"

At church, Mark teaches that husbands should love their wives sacrificially, that women should submit to their husband as to Christ and that Christian marriages model Christ's love to the world. But Sarah wonders if Mark is living that out. Mark, on the other hand, feels Sarah doesn't respect his efforts and questions whether Biblical submission really works when life gets stressful.

Questions for Discussion:

1. How could Mark and Sarah apply the principle of mutual submission (Ephesians 5:21) in this situation?
2. What would it look like for Mark to love Sarah "as Christ loved the church" (Ephesians 5:25) under these circumstances?
3. How might Sarah demonstrate submission and respect for Mark while still expressing her concerns?
4. What steps could they take to teach their children obedience without provoking anger (Ephesians 6:4)?
5. How can Mark honor God in his work (Ephesians 6:5–8) without neglecting his family responsibilities?
6. What role does being filled with the Spirit play in resolving these tensions?