Advanced Christian Caregiving

The Four Needs the Church Can Meet

- 1. Spirituality

- To know and be known by God, to feel loved and accepted by God, to worship God and demonstrate love for God—a need shared by all, even those who have no religious affiliation.

The Four Needs the Church Can Meet

- ▶ 2. Community
  - ▶ To kow and be known by other people seeking spirituality together, to feel loved and accepted by others, strengthening and supporting one another

The Four Needs the Church Can Meet

- ## 3. Care
  - To have people who will help bear life's burdens on behalf of the spiritual community, to receive care and support without judgment or criticism

The Four Needs the Church Can Meet

- 4. Service
  - To make a difference in the lives of others through the ministry of a caring spiritual community.

    - Adapted from Discovering God's Vision for Your Life: You and Your Spiritual Gifts by Kenneth Haugk

What Causes Spiritual Struggles?

▶ When events challenge a person's beliefs or assumptions about God, the meaning of life, good and evil, death, or other spiritual matters.

▶ The person's old way of thinking just doesn't align with the current new reality, throwing the person's belief system into flux.

Common Spiritual Questions

► People experiencing spiritual struggles often ask deep, challenging questions about themselves, life, God, and ultimate meaning.

Common Spiritual Questions

▶ Questions related to:

    ▶ Identity

    ▶ Self-Esteem

    ▶ Meaning

    ▶ Hope

    ▶ Evil

Common Spiritual Questions

- Failure
- Loneliness or abandonment
- Guilt
- Aging
- Purpose
- Satisfaction

Common Spiritual Questions

- Forgiveness
- Suffering
- Broken Relationships
- Regret
- Self-Doubt
- Death

Spiritual Struggles=Spiritual Growth

- Examples or scripture in the Bible that affirms that statement

Results we want for Care Receivers

- Community
- Self-Awareness
- Perseverance
- Freedom from Guilt
- Freedom to forgive

Results we want for Care Receivers

- Rebirth and Renewal
- Faith
- Hope
- Love
- Trust in God and others
- Christ-Centered Self-Image
- Greater Wholeness and Peace

Setting Process Goals in Spiritual Care

- Process goals are actions I can do now that concentrate on the other person's needs and leave the results to God.

Process Goals: Scenario 1

▶ What will I say?

▶ What will I NOT say?

▶ How can I encourage them through scripture?

  ▶ Which scripture?

▶ How would I pray?

▶ How would I validate?

Process Goals: Scenario 2

▶ What will I say?

▶ What will I NOT say?

▶ How can I encourage them through scripture?

 ▶ Which scripture?

▶ How would I pray?

▶ How would I validate?